

M/F	Age Place	Racer Name Race and time	Points
LIRS Nassau Individual Points			
Women 16-19			
	1	Consalazio, Julianna (Northport Runners Club)	500
		Aspire 10K (1:22:23)	100
		Massapequa Firecracker 5K (31:43)	100
		Runner's Edge Womens 5K (33:10)	100
		Massapequa Mile (7:52)	100
		Rob's Run 5K XC (40:20)	100
	*	Murray, Morgan (Long Run Crew)	100
		Katie's Run 5K (21:36)	100
	*	Keyes, Kali (We Are Athletes)	100
		Nassau LI Half Marathon (2:05:54)	100
Women 20-24			
	1	Sala, Lisa (Selden Hills)	708
		Aspire 10K (1:00:18)	90
		Nassau LI Half Marathon (2:09:18)	77
		Runner's Edge Womens 5K (29:18)	83
		Massapequa Mile (7:18)	86
		NCPD 5K (27:16)	100
		Runner's Edge Farmingdale Mile (7:12)	86
		Oyster Bay Supervisors 5K (28:10)	100
		Rob's Run 5K XC (29:28)	86
	2	Eiseman, Megan (Runner's Edge/LITC)	380
		Aspire 10K (0:48:20)	100
		Nassau LI Half Marathon (1:54:02)	90
		Runner's Edge Farmingdale Mile (6:01)	90
		Blazing Trails for Autism 4 Miler (29:40)	100
	3	Fiume, Melanie (We Are Athletes)	280
		Runday 5K (21:00)	90
		Massapequa Mile (5:38)	90
		Runner's Edge Farmingdale Mile (5:41)	100
	*	Briggs, Alison (Long Run Crew)	200
		Runner's Edge Womens 5K (21:20)	100
		Rob's Run 5K XC (22:06)	100
	*	Guttieri, Brittany (We Are Athletes)	200
		Runday 5K (19:45)	100
		Massapequa Mile (5:25)	100
	*	Carey, Kelly (Selden Hills)	173
		Nassau LI Half Marathon (1:59:40)	83
		Rob's Run 5K XC (29:26)	90
	*	Matteo, Catherine (Runner's Edge/LITC)	170
		Nassau LI Half Marathon (2:07:07)	80
		Runner's Edge Womens 5K (23:13)	90
	*	DiTaranto, Samantha (Runner's Edge/LITC)	100
		Nassau LI Half Marathon (1:45:04)	100

	* Diaz, Belinda (NYPD)	90
	NCPD 5K (32:37)	90
	* Buckley, Taylor (Long Run Crew)	86
	Runner's Edge Womens 5K (24:07)	86
	* Lynch, Courtney (Northport Runners Club)	86
	Nassau LI Half Marathon (1:59:34)	86
	* Ciccone, Alexandra (Northport Runners Club)	74
	Nassau LI Half Marathon (2:22:11)	74
Women 25-29		
	1 Marascia, Maria (We Are Athletes)	500
	Aspire 10K (0:40:09)	100
	Runday 5K (18:44)	100
	Massapequa Firecracker 5K (19:19)	100
	Runner's Edge Farmingdale Mile (5:03)	100
	Blue Ribbon Run 5K (19:03)	100
	2 Santaniello, Nicole (Runner's Edge/LITC)	353
	Nassau LI Half Marathon (1:51:45)	83
	Runday 5K (21:35)	90
	Massapequa Firecracker 5K (21:32)	90
	Runner's Edge Womens 5K (21:37)	90
	3 Maybie, Stephanie (Long Run Crew)	349
	Massapequa Firecracker 5K (37:05)	80
	Massapequa Mile (6:37)	100
	Runner's Edge Farmingdale Mile (6:51)	86
	Blue Ribbon Run 5K (25:57)	83
	4 Salinas, Stephanie (Selden Hills)	266
	Nassau LI Full Marathon (4:29:32)	100
	Runner's Edge Womens 5K (34:09)	80
	Rob's Run 5K XC (29:08)	86
	* Murray, Michele (We Are Athletes)	190
	Blazing Trails for Autism 4 Miler (25:52)	100
	Blue Ribbon Run 5K (19:14)	90
	* Lehrer, Allyson (Northport Runners Club)	190
	Aspire 10K (0:47:46)	90
	Nassau LI Half Marathon (1:46:16)	100
	* Brennan, Alison (NYPD)	186
	Nassau LI Half Marathon (1:48:09)	86
	Katie's Run 5K (21:27)	100
	* Staiano, Rachel (Runner's Edge/LITC)	176
	Runner's Edge Farmingdale Mile (5:42)	90
	Blue Ribbon Run 5K (21:16)	86
	* Myszkowski, Olivia (Runner's Edge/LITC)	174
	Nassau LI Half Marathon (1:59:17)	74
	NCPD 5K (25:04)	100
	* Moley, Priscilla (Northport Runners Club)	169
	Runday 5K (26:42)	86

	Runner's Edge Farmingdale Mile (6:52)	83
*	Vaccaro, Gina (Selden Hills)	163
	Nassau LI Half Marathon (1:57:15)	80
	Rob's Run 5K XC (30:01)	83
*	Caputo, Teresa (NYPD)	157
	Aspire 10K (0:52:59)	86
	Nassau LI Half Marathon (2:07:19)	71
*	Lemire-Nicolich, Jessica (Selden Hills)	154
	Nassau LI Half Marathon (2:09:16)	68
	Runner's Edge Womens 5K (25:48)	86
*	Rosolie, Jacqueline (Selden Hills)	154
	Runner's Edge Farmingdale Mile (8:57)	80
	Rob's Run 5K XC (37:45)	74
*	Brekne, Gabriella (Selden Hills)	142
	Nassau LI Half Marathon (2:21:19)	65
	Rob's Run 5K XC (34:11)	77
*	Jones, Jamilee (Selden Hills)	139
	Nassau LI Half Marathon (3:24:54)	59
	Rob's Run 5K XC (30:33)	80
*	Hansen, Sara (Selden Hills)	100
	Rob's Run 5K XC (23:40)	100
*	Charno, Annmarie (Runner's Edge/LITC)	100
	Runner's Edge Womens 5K (20:23)	100
*	Magliola, Kristen (Selden Hills)	90
	Rob's Run 5K XC (25:04)	90
*	Chmil, Alexandra (We Are Athletes)	90
	Nassau LI Full Marathon (5:05:06)	90
*	Hundertmark, Katie (Runner's Edge/LITC)	90
	Nassau LI Half Marathon (1:46:36)	90
*	Tighe, Maggie (Runner's Edge/LITC)	86
	Massapequa Firecracker 5K (22:23)	86
*	Buys, Meg (Long Run Crew)	83
	Massapequa Firecracker 5K (29:56)	83
*	Cunningham-Lai, Amanda (Runner's Edge/LITC)	83
	Runner's Edge Womens 5K (27:19)	83
*	Saad, Sami (NYPD)	77
	Nassau LI Half Marathon (1:57:37)	77
*	Muscarello, Jenna (NYPD)	62
	Nassau LI Half Marathon (2:35:36)	62
Women 30-34		
1	McGrath, Katie (Long Run Crew)	800
	Katie's Run 5K (18:42)	100
	Massapequa Firecracker 5K (18:12)	100
	Runner's Edge Womens 5K (17:57)	100
	Massapequa Mile (5:09)	100
	NCPD 5K (17:57)	100

	Hope Runs Here 5K (17:39)	100
	Runner's Edge Farmingdale Mile (4:59)	100
	Blazing Trails for Autism 4 Miler (23:48)	100
2	Bruno, Kimberly (Selden Hills)	750
	Aspire 10K (0:45:37)	90
	Nassau LI Half Marathon (1:41:51)	86
	Runday 5K (21:28)	90
	Katie's Run 5K (21:41)	90
	Runner's Edge Womens 5K (21:26)	86
	Massapequa Mile (5:55)	90
	NCPD 5K (21:43)	90
	Runner's Edge Farmingdale Mile (5:49)	90
	Oyster Bay Supervisors 5K (21:08)	100
	Blue Ribbon Run 5K (20:30)	100
	Rob's Run 5K XC (22:00)	100
3	Bonanni, Lisa (GLIRC)	677
	Aspire 10K (0:50:34)	80
	Runday 5K (24:15)	83
	Katie's Run 5K (24:34)	83
	Massapequa Firecracker 5K (24:10)	83
	Runner's Edge Womens 5K (23:40)	80
	Massapequa Mile (6:35)	86
	Runner's Edge Farmingdale Mile (6:29)	86
	Oyster Bay Supervisors 5K (23:45)	86
	Blue Ribbon Run 5K (24:17)	90
4	Hill, Jessica (Northport Runners Club)	646
	Aspire 10K (0:50:52)	77
	Nassau LI Half Marathon (1:52:04)	77
	Katie's Run 5K (24:16)	86
	Runner's Edge Womens 5K (24:47)	74
	Massapequa Mile (7:05)	83
	NCPD 5K (23:56)	86
	Runner's Edge Farmingdale Mile (6:55)	80
	Oyster Bay Supervisors 5K (23:50)	83
	Rob's Run 5K XC (28:07)	62
5	Harper, Kristina (Northport Runners Club)	335
	Runday 5K (23:49)	86
	Hope Runs Here 5K (25:13)	86
	Oyster Bay Supervisors 5K (24:06)	80
	Rob's Run 5K XC (25:39)	83
6	Dagnall, Jaclyn (GLIRC)	330
	Runner's Edge Womens 5K (23:45)	77
	Blazing Trails for Autism 4 Miler (31:02)	90
	Blue Ribbon Run 5K (25:17)	86
	Rob's Run 5K XC (26:03)	77
7	Lawrence, Triin (Selden Hills)	290
	Aspire 10K (0:43:03)	100

	Nassau LI Half Marathon (1:36:08)	90
	Runday 5K (21:07)	100
8	Walter, Meghan (Selden Hills)	287
	Nassau LI Half Marathon (2:03:28)	74
	Runner's Edge Womens 5K (27:13)	68
	Runner's Edge Farmingdale Mile (7:22)	77
	Rob's Run 5K XC (26:42)	68
9	Unger, Nicole (Runner's Edge/LITC)	280
	Nassau LI Half Marathon (1:27:57)	100
	Runner's Edge Womens 5K (18:53)	90
	Hope Runs Here 5K (18:55)	90
10	Galante, Allie (Runner's Edge/LITC)	255
	Aspire 10K (0:47:58)	86
	Nassau LI Half Marathon (1:44:53)	83
	Massapequa Firecracker 5K (23:27)	86
11	Sweeney, Kristen (Northport Runners Club)	246
	Runner's Edge Farmingdale Mile (6:48)	83
	Oyster Bay Supervisors 5K (24:20)	77
	Rob's Run 5K XC (25:17)	86
12	James, Mary (GLIRC)	228
	Massapequa Firecracker 5K (31:59)	80
	Runner's Edge Farmingdale Mile (8:27)	74
	Oyster Bay Supervisors 5K (31:14)	74
13	Martin, Kristin (Selden Hills)	222
	Runner's Edge Womens 5K (25:58)	71
	Blazing Trails for Autism 4 Miler (33:30)	86
	Rob's Run 5K XC (27:28)	65
*	Loveland, Jill (GLIRC)	173
	Aspire 10K (0:48:24)	83
	Oyster Bay Supervisors 5K (22:48)	90
*	Dungate, Tara (Selden Hills)	171
	Nassau LI Full Marathon (4:02:36)	100
	Rob's Run 5K XC (26:03)	71
*	Simon, Samantha (Selden Hills)	157
	Runner's Edge Womens 5K (23:28)	83
	Rob's Run 5K XC (26:03)	74
*	Campos, Jenna (Northport Runners Club)	145
	Nassau LI Half Marathon (2:31:43)	65
	Runday 5K (31:15)	80
*	Catapano, Meg (Selden Hills)	90
	Rob's Run 5K XC (25:07)	90
*	Robinson-Jones, Kaitlyn (Northport Runners Club)	90
	Massapequa Firecracker 5K (20:58)	90
*	Speciale, Jacqueline (Northport Runners Club)	83
	Blue Ribbon Run 5K (40:35)	83
*	Reed, Jacqueline (NCPD Running Club)	83
	NCPD 5K (33:06)	83

	* Moran, Elizabeth (Selden Hills)	80
	Rob's Run 5K XC (25:45)	80
	* O'Connor, Meghan (NYPD)	80
	Katie's Run 5K (31:14)	80
	* Mills, Linsey (NHP - Mineola Runners Club)	80
	Nassau LI Half Marathon (1:47:04)	80
	* Doherty, Brianne (NYPD)	71
	Nassau LI Half Marathon (2:09:43)	71
	* Sabbatino, Nicole (NYPD)	68
	Nassau LI Half Marathon (2:19:59)	68
	* Radino, Natalie (Selden Hills)	65
	Runner's Edge Womens 5K (27:51)	65
	* Wuestman, Erin (Selden Hills)	59
	Rob's Run 5K XC (34:11)	59
	* Calcara, Danielle (Selden Hills)	56
	Rob's Run 5K XC (34:40)	56
	* Pinola, Robin (Selden Hills)	53
	Rob's Run 5K XC (35:26)	53
	* Penzi, Daniella (Selden Hills)	50
	Rob's Run 5K XC (38:40)	50
Women 35-39		
	1 Figari, Deanna (Selden Hills)	718
	Aspire 10K (0:44:59)	90
	Runday 5K (21:26)	86
	Katie's Run 5K (21:24)	90
	Massapequa Firecracker 5K (21:28)	86
	Massapequa Mile (6:01)	100
	Runner's Edge Farmingdale Mile (5:54)	90
	Oyster Bay Supervisors 5K (21:44)	90
	Rob's Run 5K XC (22:45)	86
	2 Tomel, Amanda (Northport Runners Club)	646
	Aspire 10K (1:13:26)	71
	Katie's Run 5K (36:23)	74
	Massapequa Firecracker 5K (36:42)	65
	Runner's Edge Womens 5K (35:16)	65
	Massapequa Mile (9:30)	80
	NCPD 5K (34:50)	74
	Hope Runs Here 5K (35:37)	86
	Runner's Edge Farmingdale Mile (10:13)	80
	Blazing Trails for Autism 4 Miler (47:02)	83
	Oyster Bay Supervisors 5K (34:48)	86
	Blue Ribbon Run 5K (33:12)	83
	Rob's Run 5K XC (36:41)	32
	3 Klausner, Lindsay (Northport Runners Club)	509
	Aspire 10K (0:51:59)	83
	Katie's Run 5K (24:50)	80

	Massapequa Firecracker 5K (25:00)	80
	NCPD 5K (25:08)	86
	Blazing Trails for Autism 4 Miler (33:45)	90
	Blue Ribbon Run 5K (25:36)	90
4	Scanlan, Amanda (Long Run Crew)	370
	Runday 5K (20:54)	90
	Katie's Run 5K (20:47)	100
	Massapequa Firecracker 5K (20:50)	90
	Runner's Edge Womens 5K (20:19)	90
4	Smith, Lauren (Runner's Edge/LITC)	370
	Aspire 10K (0:59:04)	77
	Nassau LI Half Marathon (2:12:10)	71
	Massapequa Firecracker 5K (29:21)	71
	Runner's Edge Womens 5K (28:24)	74
	NCPD 5K (27:24)	77
6	Horn, Kristen (Northport Runners Club)	365
	Runday 5K (27:57)	77
	Runner's Edge Womens 5K (28:30)	71
	Massapequa Mile (7:44)	83
	Hope Runs Here 5K (29:03)	90
	Rob's Run 5K XC (30:42)	44
7	Konopka, Dawn (Selden Hills)	349
	Runner's Edge Womens 5K (26:49)	77
	Hope Runs Here 5K (26:49)	100
	Blazing Trails for Autism 4 Miler (35:13)	86
	Blue Ribbon Run 5K (26:27)	86
8	Thompson, Sarah (Selden Hills)	332
	Nassau LI Half Marathon (1:47:59)	86
	Runday 5K (22:27)	83
	Katie's Run 5K (22:48)	86
	Rob's Run 5K XC (24:37)	77
9	Fezza, Elena (Selden Hills)	322
	Nassau LI Half Marathon (1:56:11)	80
	Katie's Run 5K (25:46)	77
	Blazing Trails for Autism 4 Miler (31:21)	100
	Rob's Run 5K XC (27:21)	65
10	Eren, Colleen (GLIRC)	286
	Runner's Edge Farmingdale Mile (5:55)	86
	Oyster Bay Supervisors 5K (21:40)	100
	Blue Ribbon Run 5K (21:04)	100
10	Caruso, Dana (Runner's Edge/LITC)	286
	Runday 5K (19:45)	100
	Runner's Edge Womens 5K (20:30)	86
	Runner's Edge Farmingdale Mile (5:32)	100
12	Gariglio, Vanessa	234
	Aspire 10K (0:54:55)	80
	Nassau LI Half Marathon (2:07:04)	74

	Runner's Edge Womens 5K (26:37)	80
13	Sparacin, Kathleen (Selden Hills)	177
	Aspire 10K (1:10:55)	74
	Nassau LI Half Marathon (2:39:11)	68
	Rob's Run 5K XC (35:49)	35
*	Walker, Michele (Runner's Edge/LITC)	200
	Massapequa Firecracker 5K (18:33)	100
	Runner's Edge Womens 5K (18:35)	100
*	Perno-Grosser, Kelly (Runner's Edge/LITC)	200
	Aspire 10K (0:40:21)	100
	NCPD 5K (20:12)	100
*	Backer, Allison (Selden Hills)	190
	Nassau LI Full Marathon (3:28:41)	100
	Rob's Run 5K XC (22:15)	90
*	Dunn, Annemarie (Selden Hills)	176
	Aspire 10K (0:47:39)	86
	Nassau LI Half Marathon (1:44:49)	90
*	Demeri, Kelly (GLIRC)	169
	Massapequa Mile (6:46)	86
	NCPD 5K (25:11)	83
*	Taphouse, Elena (Selden Hills)	166
	Massapequa Firecracker 5K (22:55)	83
	Rob's Run 5K XC (23:24)	83
*	Cutter, Noelle (Runner's Edge/LITC)	166
	Katie's Run 5K (23:00)	83
	Runner's Edge Womens 5K (22:45)	83
*	Harkins, Maryann (Selden Hills)	163
	Nassau LI Half Marathon (1:52:24)	83
	Rob's Run 5K XC (24:23)	80
*	DeMattia, Denise (Selden Hills)	152
	Nassau LI Full Marathon (5:38:46)	90
	Rob's Run 5K XC (27:37)	62
*	Acierno, Kristen (Selden Hills)	151
	Runday 5K (22:50)	80
	Rob's Run 5K XC (24:59)	71
*	Boccard, Andrea (Northport Runners Club)	148
	Runday 5K (28:32)	74
	Massapequa Firecracker 5K (28:08)	74
*	Danchalski, Melissa (Selden Hills)	136
	Nassau LI Half Marathon (1:57:43)	77
	Rob's Run 5K XC (27:40)	59
*	Diaz, Nicole (Selden Hills)	106
	Massapequa Firecracker 5K (32:46)	68
	Rob's Run 5K XC (35:20)	38
*	Petrina, Jessica (We Are Athletes)	100
	Rob's Run 5K XC (21:34)	100
*	Tian, Min (Runner's Edge/LITC)	100

	Nassau LI Half Marathon (1:44:17)	100
*	Singson, Danielle	90
	Massapequa Mile (6:25)	90
*	Grippio, Christine (Runner's Edge/LITC)	90
	NCPD 5K (23:44)	90
*	Hill, Lisa (Northport Runners Club)	83
	Runner's Edge Farmingdale Mile (7:06)	83
*	Davidson, Sarah (NYPD)	80
	NCPD 5K (26:09)	80
*	Ayers, Karen (We Are Athletes)	77
	Runner's Edge Farmingdale Mile (15:58)	77
*	Ethier, Jessica (Northport Runners Club)	77
	Massapequa Firecracker 5K (25:48)	77
*	Hall, Amanda (Selden Hills)	74
	Rob's Run 5K XC (24:53)	74
*	Langstaff, Brianne (Selden Hills)	68
	Rob's Run 5K XC (25:48)	68
*	Gucwa, Azad (Selden Hills)	68
	Runner's Edge Womens 5K (34:29)	68
*	Reinzie, Vicky (Runner's Edge/LITC)	68
	Aspire 10K (1:25:21)	68
*	Lee Behnke, Tanya (Selden Hills)	62
	Runner's Edge Womens 5K (43:43)	62
*	Lee, Denise (Selden Hills)	56
	Rob's Run 5K XC (28:26)	56
*	Carrick, Tara (Selden Hills)	53
	Rob's Run 5K XC (28:36)	53
*	Sweeney, Melanie (Selden Hills)	50
	Rob's Run 5K XC (29:02)	50
*	Ross, Christine (Selden Hills)	47
	Rob's Run 5K XC (30:23)	47
*	Simmons, Leslie (Selden Hills)	41
	Rob's Run 5K XC (32:00)	41
*	Hershberger, Kristina (Selden Hills)	29
	Rob's Run 5K XC (39:03)	29
*	Bordges, Karine (Selden Hills)	26
	Rob's Run 5K XC (43:28)	26
Women 40-44		
1	Mayola, Dara (Selden Hills)	800
	Nassau LI Half Marathon (1:40:04)	100
	Runday 5K (21:24)	100
	Katie's Run 5K (21:16)	100
	Runner's Edge Womens 5K (21:28)	100
	Massapequa Mile (6:13)	100
	Runner's Edge Farmingdale Mile (5:51)	100
	Oyster Bay Supervisors 5K (20:37)	100

	Rob's Run 5K XC (22:06)	100
2	Harte, Karen (Selden Hills)	720
	Nassau LI Half Marathon (1:46:28)	86
	Runday 5K (23:00)	86
	Katie's Run 5K (22:50)	83
	Massapequa Firecracker 5K (23:19)	90
	Runner's Edge Womens 5K (22:13)	86
	Massapequa Mile (6:32)	86
	NCPD 5K (22:04)	100
	Runner's Edge Farmingdale Mile (6:26)	86
	Blazing Trails for Autism 4 Miler (29:04)	100
	Rob's Run 5K XC (25:49)	77
3	Lambert, Jeanna (LIRRC)	637
	Aspire 10K (1:06:30)	74
	Nassau LI Half Marathon (2:34:02)	74
	Runday 5K (31:04)	77
	Katie's Run 5K (35:19)	77
	Hope Runs Here 5K (30:55)	83
	Runner's Edge Farmingdale Mile (8:26)	74
	Blazing Trails for Autism 4 Miler (41:13)	86
	Oyster Bay Supervisors 5K (32:16)	80
	Blue Ribbon Run 5K (34:06)	86
	Rob's Run 5K XC (40:58)	29
4	Bumbalo, Linda (Northport Runners Club)	550
	Katie's Run 5K (22:10)	90
	Runner's Edge Womens 5K (22:04)	90
	Massapequa Mile (6:22)	90
	NCPD 5K (22:49)	90
	Hope Runs Here 5K (21:40)	100
	Runner's Edge Farmingdale Mile (6:12)	90
5	Fricke, Sharon (Northport Runners Club)	546
	Runner's Edge Womens 5K (31:51)	77
	Massapequa Mile (8:06)	83
	Hope Runs Here 5K (30:16)	86
	Runner's Edge Farmingdale Mile (8:01)	77
	Blazing Trails for Autism 4 Miler (39:57)	90
	Oyster Bay Supervisors 5K (27:45)	86
	Rob's Run 5K XC (30:57)	47
6	Pita, Jaime (Selden Hills)	456
	Nassau LI Half Marathon (1:43:21)	90
	Runday 5K (22:54)	90
	Katie's Run 5K (22:18)	86
	Massapequa Firecracker 5K (22:37)	100
	Rob's Run 5K XC (23:52)	90
7	Carpenter, Brooke (We Are Athletes)	376
	Aspire 10K (1:28:41)	71
	Runday 5K (40:29)	71

	Massapequa Firecracker 5K (41:02)	77
	Massapequa Mile (11:01)	77
	Blazing Trails for Autism 4 Miler (56:13)	80
8	DePaoli, Mary-Jo (Northport Runners Club)	369
	Aspire 10K (0:49:21)	100
	Nassau LI Full Marathon (3:55:35)	100
	NCPD 5K (23:53)	86
	Runner's Edge Farmingdale Mile (6:31)	83
9	Gayron, Christine (Runner's Edge/LITC)	243
	NCPD 5K (24:56)	83
	Runner's Edge Farmingdale Mile (6:41)	80
	Rob's Run 5K XC (25:46)	80
10	Scharoff, Kim (Selden Hills)	222
	Nassau LI Half Marathon (3:01:50)	71
	Massapequa Mile (10:11)	80
	Runner's Edge Farmingdale Mile (10:00)	71
11	Keyes, Stacy (Selden Hills)	211
	Blazing Trails for Autism 4 Miler (46:07)	83
	Blue Ribbon Run 5K (32:57)	90
	Rob's Run 5K XC (32:38)	38
*	Hofmayer, Tara (NYPD)	163
	Nassau LI Full Marathon (4:47:54)	86
	NCPD 5K (26:48)	77
*	Ham, Julie (Northport Runners Club)	163
	Runday 5K (24:55)	83
	NCPD 5K (26:34)	80
*	Walter, Patricia (We Are Athletes)	161
	NCPD 5K (29:46)	71
	Hope Runs Here 5K (28:22)	90
*	Lopez-Merlos, Meredith (Long Run Crew)	160
	Runday 5K (28:52)	80
	Katie's Run 5K (28:07)	80
*	Lineman, Kristyn (Selden Hills)	157
	Runday 5K (33:05)	74
	Rob's Run 5K XC (24:45)	83
*	Delano, Alicia (Selden Hills)	157
	Hope Runs Here 5K (35:45)	80
	Oyster Bay Supervisors 5K (35:24)	77
*	Haddock, Nancy (Selden Hills)	145
	Nassau LI Half Marathon (2:05:16)	80
	Rob's Run 5K XC (27:31)	65
*	Rizzo-Berg, Michelle (Selden Hills)	133
	Nassau LI Half Marathon (2:12:56)	77
	Rob's Run 5K XC (29:07)	56
*	Sokolow, Tatiana (Selden Hills)	115
	Massapequa Firecracker 5K (29:51)	80
	Rob's Run 5K XC (34:12)	35

*	Bongiorno, Kate (Selden Hills)	115
	Runner's Edge Womens 5K (32:04)	74
	Rob's Run 5K XC (31:28)	41
*	Dempsey, Ciara (NHP - Mineola Runners Club)	100
	Blue Ribbon Run 5K (28:01)	100
*	Gogarty, Danielle (Selden Hills)	90
	Aspire 10K (0:50:45)	90
*	Delgado, Martha (Selden Hills)	90
	Nassau LI Full Marathon (4:05:47)	90
*	VanHekken, Judith (Northport Runners Club)	90
	Oyster Bay Supervisors 5K (24:38)	90
*	Gravinese, Ellissa (Selden Hills)	86
	Rob's Run 5K XC (24:10)	86
*	Moran, Clare (Northport Runners Club)	86
	Aspire 10K (0:51:38)	86
*	Robinson-Jones, Sarah (Northport Runners Club)	86
	Massapequa Firecracker 5K (25:07)	86
*	Buscemi, Shannon (Selden Hills)	83
	Massapequa Firecracker 5K (29:37)	83
*	Aquino, Josie (GLIRC)	83
	Runner's Edge Womens 5K (25:08)	83
*	Abagaro, Seada (GLIRC)	83
	Nassau LI Half Marathon (1:54:28)	83
*	O'Rourke, Paula (Super Runners)	83
	Oyster Bay Supervisors 5K (29:12)	83
*	Brown, Elizabeth (Runner's Edge/LITC)	83
	Aspire 10K (0:52:11)	83
*	Greene, Saniyah (GLIRC)	80
	Runner's Edge Womens 5K (28:27)	80
*	Archer, Kelly (Northport Runners Club)	80
	Aspire 10K (0:53:30)	80
*	Faini, Dianna (NYPD)	77
	Aspire 10K (0:57:01)	77
*	Duchow, Kimberly (NYPD)	77
	Hope Runs Here 5K (37:52)	77
*	Logan, Vanessa (Selden Hills)	74
	NCPD 5K (27:49)	74
*	Tully, Jennifer (Selden Hills)	74
	Rob's Run 5K XC (26:53)	74
*	Bongiorno, Charlotte (Selden Hills)	71
	Rob's Run 5K XC (27:09)	71
*	Sutton, Iva (Selden Hills)	68
	Runday 5K (47:35)	68
*	Jennings, Kelli (Selden Hills)	68
	Rob's Run 5K XC (27:17)	68
*	Gurau, Mihaela (NYPD)	68
	NCPD 5K (31:52)	68

	* Cabanas, Claudia (We Are Athletes)	68
	Nassau LI Half Marathon (3:37:46)	68
	* Butts, Arlene (NCPD Running Club)	65
	NCPD 5K (33:06)	65
	* Dimitriou-Ciaccio, Stacey (Selden Hills)	62
	Rob's Run 5K XC (28:18)	62
	* Rodriguez, Jessica (NYPD)	62
	NCPD 5K (44:38)	62
	* Hayde, Dorothy (Selden Hills)	59
	Rob's Run 5K XC (29:03)	59
	* Vass, Szvilia (Selden Hills)	53
	Rob's Run 5K XC (30:13)	53
	* Velez, Amie (Selden Hills)	50
	Rob's Run 5K XC (30:15)	50
	* Dengel, Rachel (Selden Hills)	44
	Rob's Run 5K XC (31:03)	44
	* Suarez, Roslyn (Selden Hills)	32
	Rob's Run 5K XC (38:14)	32
Women 45-49		
1	Tesoriero, Jenney (Northport Runners Club)	694
	Aspire 10K (0:49:56)	80
	Nassau LI Half Marathon (1:51:44)	77
	Runday 5K (22:55)	90
	Katie's Run 5K (23:28)	86
	Massapequa Firecracker 5K (23:42)	86
	Runner's Edge Womens 5K (23:18)	71
	Massapequa Mile (6:44)	83
	NCPD 5K (24:54)	86
	Hope Runs Here 5K (23:21)	90
	Runner's Edge Farmingdale Mile (6:39)	80
	Blazing Trails for Autism 4 Miler (31:10)	90
	Oyster Bay Supervisors 5K (23:49)	83
	Blue Ribbon Run 5K (23:41)	83
2	Fraiberg, Erica (Northport Runners Club)	632
	Nassau LI Half Marathon (1:39:15)	90
	Runday 5K (24:31)	86
	Katie's Run 5K (21:35)	100
	Runner's Edge Womens 5K (22:00)	90
	Massapequa Mile (6:20)	90
	Runner's Edge Farmingdale Mile (6:07)	90
	Blazing Trails for Autism 4 Miler (31:15)	86
3	Hoffmann, Stephanie (GLIRC)	600
	Aspire 10K (0:44:19)	100
	Nassau LI Half Marathon (1:37:56)	100
	Massapequa Firecracker 5K (21:17)	100
	Runner's Edge Womens 5K (21:28)	100

	Massapequa Mile (5:55)	100
	Runner's Edge Farmingdale Mile (5:42)	100
4	Consalazio, Angelique (Northport Runners Club)	592
	Aspire 10K (0:48:01)	86
	Nassau LI Half Marathon (1:46:00)	86
	Massapequa Firecracker 5K (23:20)	90
	Runner's Edge Womens 5K (23:08)	74
	Massapequa Mile (6:47)	80
	Blue Ribbon Run 5K (22:32)	86
	Rob's Run 5K XC (25:19)	90
5	Zeman, Nicolle (GLIRC)	529
	Aspire 10K (0:45:30)	90
	Nassau LI Half Marathon (1:46:55)	83
	Runner's Edge Womens 5K (22:42)	80
	Blazing Trails for Autism 4 Miler (30:17)	100
	Oyster Bay Supervisors 5K (23:22)	86
	Blue Ribbon Run 5K (22:30)	90
6	Arato, Glenna (Selden Hills)	514
	Katie's Run 5K (24:10)	83
	Runner's Edge Womens 5K (23:54)	68
	NCPD 5K (24:08)	90
	Hope Runs Here 5K (23:04)	100
	Runner's Edge Farmingdale Mile (6:30)	83
	Oyster Bay Supervisors 5K (23:05)	90
7	Cavaliere-Ng, Melissa (Northport Runners Club)	485
	Aspire 10K (0:59:43)	56
	Nassau LI Half Marathon (2:21:17)	50
	Katie's Run 5K (28:19)	80
	Runner's Edge Womens 5K (27:40)	59
	NCPD 5K (28:07)	77
	Hope Runs Here 5K (29:04)	83
	Oyster Bay Supervisors 5K (26:59)	80
8	McGreevey, Kim (We Are Athletes)	476
	Aspire 10K (1:05:41)	44
	Runner's Edge Womens 5K (29:26)	56
	Massapequa Mile (7:58)	77
	NCPD 5K (30:13)	74
	Runner's Edge Farmingdale Mile (7:58)	77
	Blazing Trails for Autism 4 Miler (39:11)	74
	Oyster Bay Supervisors 5K (29:57)	74
9	Serravite, Meaghan (Runner's Edge/LITC)	469
	Runner's Edge Womens 5K (22:38)	83
	NCPD 5K (22:35)	100
	Runner's Edge Farmingdale Mile (6:09)	86
	Oyster Bay Supervisors 5K (21:36)	100
	Blue Ribbon Run 5K (21:07)	100
10	Dormer, Kathy (GLIRC)	450

	Aspire 10K (0:48:38)	83
	Runday 5K (22:15)	100
	Katie's Run 5K (23:21)	90
	Runner's Edge Womens 5K (22:50)	77
	Rob's Run 5K XC (24:16)	100
11	Leong, Danielle (GLIRC)	388
	Aspire 10K (0:52:46)	74
	Runday 5K (25:20)	80
	Massapequa Firecracker 5K (25:15)	83
	Runner's Edge Womens 5K (25:12)	65
	Hope Runs Here 5K (25:48)	86
12	Ciccione, Heather (Northport Runners Club)	370
	Runday 5K (31:15)	74
	Massapequa Mile (8:45)	74
	Hope Runs Here 5K (31:12)	77
	Runner's Edge Farmingdale Mile (8:22)	74
	Blazing Trails for Autism 4 Miler (40:39)	71
13	Olmsted, Jackie (Selden Hills)	287
	Runday 5K (32:53)	71
	Massapequa Firecracker 5K (35:10)	74
	Hope Runs Here 5K (37:42)	74
	Blazing Trails for Autism 4 Miler (47:40)	68
14	Altschuler, Melissa (We Are Athletes)	257
	Massapequa Firecracker 5K (40:16)	71
	Runner's Edge Womens 5K (39:38)	44
	NCPD 5K (40:50)	68
	Blue Ribbon Run 5K (39:35)	74
15	Todtfeld, Joanne (Massapequa Road Runners)	228
	Aspire 10K (0:51:16)	77
	Nassau LI Half Marathon (1:52:55)	74
	Blazing Trails for Autism 4 Miler (36:44)	77
16	Mouzithras, Bernadette (Selden Hills)	219
	Nassau LI Half Marathon (1:59:00)	59
	NCPD 5K (25:17)	83
	Rob's Run 5K XC (28:56)	77
17	Bradley, Damian (Northport Runners Club)	216
	Aspire 10K (0:53:03)	71
	Runday 5K (24:46)	83
	Runner's Edge Womens 5K (25:18)	62
18	Sullivan, Laura (Selden Hills)	174
	Aspire 10K (1:20:45)	35
	Runday 5K (47:34)	68
	Blue Ribbon Run 5K (52:21)	71
19	Geonie, Liza (Northport Runners Club)	159
	Runner's Edge Womens 5K (38:20)	47
	Blazing Trails for Autism 4 Miler (49:10)	65
	Rob's Run 5K XC (41:36)	47

*	Hayduk, Hayda (Northport Runners Club)	172
	Runner's Edge Womens 5K (22:27)	86
	Massapequa Mile (6:38)	86
*	Saltzman, Jennifer (Selden Hills)	151
	Nassau LI Half Marathon (1:57:42)	68
	Rob's Run 5K XC (27:40)	83
*	Glasser, Sally (Northport Runners Club)	148
	Oyster Bay Supervisors 5K (27:09)	77
	Rob's Run 5K XC (30:00)	71
*	Cook, Leslie (Massapequa Road Runners)	145
	Aspire 10K (0:57:28)	65
	Blazing Trails for Autism 4 Miler (36:12)	80
*	Kuznetz, Barbara (Northport Runners Club)	142
	Aspire 10K (0:57:32)	59
	Blazing Trails for Autism 4 Miler (33:27)	83
*	Heymach, Jennifer (Selden Hills)	136
	Massapequa Firecracker 5K (29:37)	77
	Rob's Run 5K XC (32:23)	59
*	Butera, Rosalia (Massapequa Road Runners)	133
	Aspire 10K (0:56:44)	68
	Nassau LI Half Marathon (1:58:01)	65
*	Sapanara, Rosa (Massapequa Road Runners)	133
	Nassau LI Half Marathon (2:08:22)	53
	Massapequa Firecracker 5K (28:11)	80
*	Roma, Yolanda (Selden Hills)	118
	Aspire 10K (1:01:10)	50
	Rob's Run 5K XC (31:22)	68
*	Davis, Michelle (Selden Hills)	100
	Nassau LI Full Marathon (4:25:36)	100
*	DeGourville, Dionne (NYPD)	90
	Nassau LI Full Marathon (4:26:48)	90
*	DeSimone, Kristen (Selden Hills)	86
	Rob's Run 5K XC (26:04)	86
*	Carden, Georgia (Selden Hills)	86
	Nassau LI Full Marathon (4:31:38)	86
*	Becker, Stephanie (Selden Hills)	85
	Aspire 10K (1:06:51)	41
	Nassau LI Half Marathon (2:27:16)	44
*	Riddle, Sandy (Selden Hills)	80
	Rob's Run 5K XC (27:41)	80
*	Bartolotta, Kiersten (Selden Hills)	80
	NCPD 5K (25:45)	80
*	Santos, Maritza (Selden Hills)	80
	Hope Runs Here 5K (31:11)	80
*	Paidoussis, Caroline (LIRRC)	80
	Blue Ribbon Run 5K (29:39)	80
*	Giammona, Marylou (NHP - Mineola Runners Club)	80

	Nassau LI Half Marathon (1:49:09)	80
*	Colleran, Christine (Selden Hills)	77
	Runday 5K (31:09)	77
*	Schutte, Kimberly (Northport Runners Club)	77
	Blue Ribbon Run 5K (38:57)	77
*	Anderson, Nancy (Selden Hills)	74
	Rob's Run 5K XC (29:32)	74
*	Adelberg, Jennifer (Selden Hills)	71
	Nassau LI Half Marathon (1:53:39)	71
*	Alongi, Kathleen (Selden Hills)	71
	Hope Runs Here 5K (37:47)	71
*	Puentes, Yvette (NYPD)	71
	NCPD 5K (30:14)	71
*	Walter, Donna (We Are Athletes)	68
	Hope Runs Here 5K (46:59)	68
*	Stevens, Pilar (Selden Hills)	65
	Rob's Run 5K XC (31:24)	65
*	Hanmer, Christine (Selden Hills)	62
	Rob's Run 5K XC (32:07)	62
*	Ferry, Deb (NYPD)	62
	Aspire 10K (0:57:29)	62
*	Marquina, Mercedes (Runner's Edge/LITC)	62
	Nassau LI Half Marathon (1:58:25)	62
*	Trinagel, Vicki (Selden Hills)	56
	Rob's Run 5K XC (36:53)	56
*	Quinn, Laura (Selden Hills)	56
	Nassau LI Half Marathon (2:05:33)	56
*	Maione, Andrea (Selden Hills)	53
	Rob's Run 5K XC (38:45)	53
*	Goldman, Tracy (Northport Runners Club)	53
	Runner's Edge Womens 5K (32:24)	53
*	Krinsky, Tara (Runner's Edge/LITC)	53
	Aspire 10K (1:00:28)	53
*	Schlessinger, Kari (Selden Hills)	50
	Rob's Run 5K XC (40:23)	50
*	Becker, Gigi (Northport Runners Club)	50
	Runner's Edge Womens 5K (35:16)	50
*	Russell, Rebecca (Selden Hills)	47
	Nassau LI Half Marathon (2:24:52)	47
*	Trovato, Karen (Massapequa Road Runners)	47
	Aspire 10K (1:04:30)	47
*	Chabus, Jennifer (Runner's Edge/LITC)	44
	Rob's Run 5K XC (42:43)	44
*	D'Amore, Sara (Selden Hills)	41
	Rob's Run 5K XC (45:01)	41
*	Higuera, Carol (NYPD)	41
	Nassau LI Half Marathon (2:45:58)	41

	* McCallan, Andrea (Selden Hills)	38
	Rob's Run 5K XC (45:09)	38
	* Heppner, Marie (Runner's Edge/LITC)	38
	Aspire 10K (1:07:50)	38
	* Knecht, Jennifer (NYPD)	35
	Rob's Run 5K XC (45:34)	35
Women 50-54		
1	Tantone, Nancy (Long Run Crew)	780
	Aspire 10K (0:41:55)	90
	Runday 5K (20:13)	100
	Katie's Run 5K (20:35)	100
	Massapequa Firecracker 5K (20:37)	100
	Runner's Edge Womens 5K (20:13)	90
	Massapequa Mile (5:54)	100
	Hope Runs Here 5K (20:42)	100
	Runner's Edge Farmingdale Mile (5:52)	100
2	Orelli, Regina (Northport Runners Club)	711
	Aspire 10K (0:53:48)	77
	Nassau LI Full Marathon (3:53:42)	90
	Runday 5K (24:28)	83
	Katie's Run 5K (25:43)	83
	Massapequa Firecracker 5K (24:54)	86
	Runner's Edge Womens 5K (24:30)	80
	Massapequa Mile (7:03)	90
	NCPD 5K (24:14)	100
	Hope Runs Here 5K (23:34)	90
	Runner's Edge Farmingdale Mile (6:47)	86
	Blazing Trails for Autism 4 Miler (35:38)	74
	Oyster Bay Supervisors 5K (24:04)	86
	Blue Ribbon Run 5K (33:56)	74
	Rob's Run 5K XC (29:27)	47
3	Stammers-Janzen, Maureen (Northport Runners Club)	631
	Aspire 10K (0:56:16)	68
	Nassau LI Half Marathon (2:05:30)	74
	Katie's Run 5K (26:46)	77
	Massapequa Firecracker 5K (26:05)	80
	Runner's Edge Womens 5K (26:29)	68
	Massapequa Mile (7:26)	86
	NCPD 5K (25:28)	83
	Runner's Edge Farmingdale Mile (7:01)	80
	Rob's Run 5K XC (26:07)	83
4	Leippert, Yvonne (GLIRC)	628
	Aspire 10K (0:47:01)	86
	Runday 5K (22:18)	90
	Katie's Run 5K (23:04)	86
	Massapequa Firecracker 5K (22:45)	90

	Runner's Edge Womens 5K (22:21)	86
	Blazing Trails for Autism 4 Miler (29:35)	100
	Rob's Run 5K XC (25:16)	90
5	Ward, Caroline (Selden Hills)	601
	Nassau LI Half Marathon (2:06:17)	71
	Massapequa Mile (7:37)	80
	NCPD 5K (27:02)	77
	Runner's Edge Farmingdale Mile (7:31)	74
	Blazing Trails for Autism 4 Miler (34:51)	80
	Oyster Bay Supervisors 5K (27:04)	80
	Blue Ribbon Run 5K (26:03)	83
	Rob's Run 5K XC (28:36)	56
6	Themistocleous, Eliana (GLIRC)	580
	Aspire 10K (0:53:01)	80
	Nassau LI Half Marathon (1:58:42)	83
	Runday 5K (25:10)	80
	Massapequa Firecracker 5K (27:13)	77
	Runner's Edge Womens 5K (26:06)	74
	NCPD 5K (25:27)	86
	Blue Ribbon Run 5K (25:33)	100
7	Ritchie, Darlene (Northport Runners Club)	576
	Massapequa Firecracker 5K (25:56)	83
	Runner's Edge Womens 5K (25:25)	77
	NCPD 5K (26:30)	80
	Runner's Edge Farmingdale Mile (7:00)	83
	Oyster Bay Supervisors 5K (24:47)	83
	Blue Ribbon Run 5K (25:42)	90
	Rob's Run 5K XC (26:16)	80
8	Melillo, Elizabeth (Northport Runners Club)	417
	Aspire 10K (0:57:47)	62
	Nassau LI Full Marathon (4:55:24)	83
	Runner's Edge Womens 5K (32:23)	62
	Hope Runs Here 5K (26:36)	83
	Runner's Edge Farmingdale Mile (7:11)	77
	Rob's Run 5K XC (29:04)	50
9	Schmuck, Susan (Northport Runners Club)	403
	Massapequa Mile (7:30)	83
	Hope Runs Here 5K (26:27)	86
	Blazing Trails for Autism 4 Miler (34:55)	77
	Blue Ribbon Run 5K (26:21)	80
	Rob's Run 5K XC (26:58)	77
10	Broderick, Una (GLIRC)	400
	Aspire 10K (0:40:50)	100
	Runner's Edge Womens 5K (19:57)	100
	Oyster Bay Supervisors 5K (20:15)	100
	Rob's Run 5K XC (23:12)	100
11	Josaphat, Grainne (LIRRC)	349

	Nassau LI Full Marathon (4:03:07)	86
	Runner's Edge Womens 5K (22:49)	83
	Runner's Edge Farmingdale Mile (6:38)	90
	Oyster Bay Supervisors 5K (23:20)	90
12	Fuller, Lori (Northport Runners Club)	304
	Aspire 10K (1:13:58)	47
	Runday 5K (36:41)	59
	Katie's Run 5K (38:04)	68
	Runner's Edge Farmingdale Mile (10:44)	65
	Blazing Trails for Autism 4 Miler (49:22)	65
13	DeSpagna, Jennifer (Northport Runners Club)	281
	Aspire 10K (0:57:48)	59
	Runday 5K (26:40)	74
	Runner's Edge Farmingdale Mile (7:39)	71
	Oyster Bay Supervisors 5K (27:13)	77
14	Templeton, Stephanie (Selden Hills)	242
	Runday 5K (30:01)	68
	Katie's Run 5K (33:14)	71
	Massapequa Firecracker 5K (33:43)	74
	Rob's Run 5K XC (34:29)	29
15	Manno, Linda (Selden Hills)	237
	Runday 5K (25:52)	77
	Hope Runs Here 5K (27:44)	74
	Blue Ribbon Run 5K (25:43)	86
16	Distefano, Anita (Selden Hills)	225
	Aspire 10K (0:53:49)	74
	Nassau LI Half Marathon (1:57:04)	86
	Rob's Run 5K XC (27:51)	65
17	Ehrhart, Dawn (Northport Runners Club)	210
	Runner's Edge Womens 5K (26:14)	71
	Hope Runs Here 5K (26:58)	80
	Rob's Run 5K XC (28:33)	59
18	Maier, Susan (GLIRC)	201
	Aspire 10K (0:56:09)	71
	Nassau LI Half Marathon (2:03:19)	77
	Rob's Run 5K XC (28:48)	53
*	Johnson, Charlotte (Runner's Edge/LITC)	183
	Aspire 10K (0:48:09)	83
	Nassau LI Half Marathon (1:49:15)	100
*	Krebs, GERALYNN (Massapequa Road Runners)	180
	Nassau LI Half Marathon (1:54:47)	90
	Blazing Trails for Autism 4 Miler (31:31)	90
*	Brach, Ellen (We Are Athletes)	176
	Runday 5K (23:40)	86
	NCPD 5K (25:26)	90
*	Clarin, Jodi (Selden Hills)	154
	Massapequa Mile (10:03)	77

	Blue Ribbon Run 5K (31:48)	77
*	Murray, Beth (Selden Hills)	142
	Runner's Edge Womens 5K (28:16)	65
	Hope Runs Here 5K (27:21)	77
*	Walter, Eileen (NYPD)	136
	Runday 5K (31:27)	65
	NCPD 5K (31:34)	71
*	Bomse, Lisa (Northport Runners Club)	136
	Massapequa Mile (12:22)	74
	Runner's Edge Farmingdale Mile (12:56)	62
*	Hickey, Annmarie (Northport Runners Club)	133
	Katie's Run 5K (31:27)	74
	Runner's Edge Womens 5K (32:24)	59
*	Gottlieb, Janet (Northport Runners Club)	130
	Runday 5K (32:24)	62
	Runner's Edge Farmingdale Mile (9:22)	68
*	Favarolo, Annemarie (We Are Athletes)	121
	Nassau LI Half Marathon (3:15:52)	65
	Runner's Edge Womens 5K (40:35)	56
*	McDougall, Doreen (GLIRC)	115
	Runner's Edge Womens 5K (45:17)	53
	Blazing Trails for Autism 4 Miler (06:33)	62
*	Broderick, Anne (LIRRC)	112
	Runday 5K (28:45)	71
	Rob's Run 5K XC (30:47)	41
*	Schultz, Gilda (Selden Hills)	109
	Blazing Trails for Autism 4 Miler (33:58)	86
	Rob's Run 5K XC (37:07)	23
*	Campese, Maria (Runner's Edge/LITC)	106
	NCPD 5K (31:24)	74
	Rob's Run 5K XC (33:36)	32
*	Cergol, Kathleen (Selden Hills)	103
	Nassau LI Half Marathon (2:33:18)	68
	Rob's Run 5K XC (32:01)	35
*	Rabinowitz, Nomi (NYPD)	100
	Nassau LI Full Marathon (3:42:45)	100
*	Wontrobski-Ricciardi, Karen (Selden Hills)	97
	Blazing Trails for Autism 4 Miler (39:47)	71
	Rob's Run 5K XC (37:06)	26
*	Hiller, Lesli (Runner's Edge/LITC)	90
	Katie's Run 5K (22:08)	90
*	Thorp, Christine (Selden Hills)	88
	Blazing Trails for Autism 4 Miler (41:28)	68
	Rob's Run 5K XC (37:10)	20
*	Bordonaro, Christina (Northport Runners Club)	86
	Rob's Run 5K XC (25:32)	86
*	McDonald, Rebecca (Selden Hills)	85

	Oyster Bay Supervisors 5K (36:04)	74
	Rob's Run 5K XC (41:35)	11
*	Franchi, Debra (Selden Hills)	83
	Blazing Trails for Autism 4 Miler (34:16)	83
*	Colby, Lisa (We Are Athletes)	80
	Nassau LI Half Marathon (1:59:43)	80
*	DeSousa-Schmidt, Donna (Northport Runners Club)	80
	Katie's Run 5K (26:33)	80
*	Greene, Olga (Selden Hills)	74
	Rob's Run 5K XC (27:23)	74
*	Giordano, Gina (Selden Hills)	71
	Rob's Run 5K XC (27:32)	71
*	Mays, Tammy (NYPD)	71
	Massapequa Firecracker 5K (41:29)	71
*	Sheinwald, Lori (Selden Hills)	68
	Rob's Run 5K XC (27:33)	68
*	Meehan, DeDee (Selden Hills)	65
	Aspire 10K (0:56:48)	65
*	Finneran, Dianne (Northport Runners Club)	62
	Rob's Run 5K XC (27:55)	62
*	Rice, Tara (Runner's Edge/LITC)	56
	Aspire 10K (1:01:53)	56
*	Coletti, Kathleen (Runner's Edge/LITC)	53
	Aspire 10K (1:03:57)	53
*	Barry, Caroline (Runner's Edge/LITC)	50
	Aspire 10K (1:07:01)	50
*	Donnelly, Susan (Selden Hills)	44
	Rob's Run 5K XC (30:01)	44
*	Howard, Jen (Runner's Edge/LITC)	38
	Rob's Run 5K XC (30:56)	38
*	Luciano, June (Selden Hills)	17
	Rob's Run 5K XC (37:23)	17
*	Russo, Kim (Selden Hills)	14
	Rob's Run 5K XC (37:24)	14
*	Gozoloff, Kristine (Selden Hills)	8
	Rob's Run 5K XC (45:34)	8
Women 55-59		
1	Razzano-Nerud, Debra (Northport Runners Club)	711
	Nassau LI Half Marathon (2:11:26)	59
	Runner's Edge Womens 5K (24:24)	90
	Massapequa Mile (7:02)	86
	NCPD 5K (24:58)	90
	Hope Runs Here 5K (23:46)	100
	Blazing Trails for Autism 4 Miler (31:23)	100
	Oyster Bay Supervisors 5K (23:38)	100
	Rob's Run 5K XC (26:00)	86

2	Bishop, Josephine (Northport Runners Club)	650
	Aspire 10K (0:54:53)	62
	Runday 5K (25:20)	86
	Massapequa Firecracker 5K (25:39)	80
	Runner's Edge Womens 5K (25:33)	83
	NCPD 5K (27:04)	83
	Blazing Trails for Autism 4 Miler (35:54)	80
	Oyster Bay Supervisors 5K (26:35)	80
	Blue Ribbon Run 5K (26:09)	90
	Rob's Run 5K XC (29:13)	68
3	Morabito-Weeks, Veronica (Selden Hills)	647
	Nassau LI Full Marathon (4:58:16)	90
	Runday 5K (28:26)	77
	NCPD 5K (27:55)	77
	Hope Runs Here 5K (26:59)	83
	Runner's Edge Farmingdale Mile (7:58)	86
	Blazing Trails for Autism 4 Miler (35:28)	83
	Blue Ribbon Run 5K (26:32)	86
	Rob's Run 5K XC (29:50)	65
4	Greenspan, Ellen (We Are Athletes)	647
	Aspire 10K (0:52:30)	68
	Nassau LI Half Marathon (1:58:21)	71
	Runday 5K (24:51)	90
	Massapequa Firecracker 5K (25:27)	83
	Runner's Edge Womens 5K (26:06)	80
	Massapequa Mile (7:05)	83
	NCPD 5K (25:35)	86
	Blazing Trails for Autism 4 Miler (34:22)	86
5	Nora, Karen (Northport Runners Club)	582
	Aspire 10K (0:52:12)	71
	Nassau LI Half Marathon (2:09:08)	62
	Massapequa Firecracker 5K (24:58)	86
	Hope Runs Here 5K (25:32)	90
	Blazing Trails for Autism 4 Miler (32:59)	90
	Oyster Bay Supervisors 5K (26:14)	83
	Blue Ribbon Run 5K (25:49)	100
6	Hynes, Jeannie (Northport Runners Club)	459
	Aspire 10K (0:56:01)	59
	Nassau LI Half Marathon (2:04:21)	68
	Runday 5K (25:50)	83
	Hope Runs Here 5K (26:10)	86
	Oyster Bay Supervisors 5K (25:52)	86
	Rob's Run 5K XC (28:42)	77
7	Russo, Barbara (GLIRC)	400
	Aspire 10K (0:43:36)	100
	Runner's Edge Womens 5K (19:54)	100
	Massapequa Mile (6:02)	100

	Rob's Run 5K XC (22:43)	100
8	Fucella, Maria (Runner's Edge/LITC)	389
	Runday 5K (27:57)	80
	Runner's Edge Womens 5K (28:52)	74
	NCPD 5K (28:54)	74
	Runner's Edge Farmingdale Mile (7:44)	90
	Oyster Bay Supervisors 5K (29:38)	71
9	Cotty, Karen (Runner's Edge/LITC)	380
	Aspire 10K (0:47:09)	80
	Nassau LI Half Marathon (1:45:30)	100
	Runday 5K (22:57)	100
	Runner's Edge Farmingdale Mile (6:36)	100
10	Garguilo, Grace (Selden Hills)	370
	Runner's Edge Womens 5K (34:10)	68
	NCPD 5K (34:39)	68
	Hope Runs Here 5K (33:52)	77
	Runner's Edge Farmingdale Mile (9:22)	80
	Blazing Trails for Autism 4 Miler (43:52)	77
11	Davidson, Mindy (Runner's Edge/LITC)	337
	Runday 5K (30:18)	74
	Massapequa Firecracker 5K (30:41)	77
	Runner's Edge Womens 5K (32:04)	71
	NCPD 5K (50:59)	62
	Rob's Run 5K XC (37:34)	53
12	Corrie, Sue (GLIRC)	331
	Aspire 10K (0:58:04)	56
	Nassau LI Half Marathon (2:12:19)	56
	Hope Runs Here 5K (28:47)	80
	Oyster Bay Supervisors 5K (26:49)	77
	Rob's Run 5K XC (29:58)	62
13	Garcia, Maria (GLIRC)	305
	Runday 5K (32:01)	71
	NCPD 5K (31:47)	71
	Runner's Edge Farmingdale Mile (8:28)	83
	Blue Ribbon Run 5K (30:24)	80
14	Fitzpatrick, Sue (GLIRC)	294
	Aspire 10K (1:00:52)	53
	Katie's Run 5K (29:35)	90
	Oyster Bay Supervisors 5K (31:53)	68
	Blue Ribbon Run 5K (30:22)	83
15	Enright, Monica (Massapequa Road Runners)	273
	Aspire 10K (0:45:06)	83
	Massapequa Firecracker 5K (22:42)	100
	Massapequa Mile (6:31)	90
16	Clarke, Florence (Massapequa Road Runners)	253
	Aspire 10K (0:49:00)	77
	Nassau LI Half Marathon (1:52:53)	86

	Massapequa Firecracker 5K (23:46)	90
17	Vogt, Dee (Northport Runners Club)	251
	Nassau LI Half Marathon (1:58:00)	74
	Runner's Edge Womens 5K (26:32)	77
	NCPD 5K (24:04)	100
18	Lezaja, Luisa (NHP - Mineola Runners Club)	225
	Runner's Edge Farmingdale Mile (16:13)	77
	Blazing Trails for Autism 4 Miler (55:20)	74
	Blue Ribbon Run 5K (38:34)	74
19	Mccain, Christine (Runner's Edge/LITC)	201
	Aspire 10K (0:52:36)	65
	Nassau LI Half Marathon (2:08:20)	65
	Rob's Run 5K XC (29:05)	71
20	Gjodesen, Lea (Selden Hills)	186
	Massapequa Firecracker 5K (33:23)	71
	Runner's Edge Womens 5K (34:55)	65
	Rob's Run 5K XC (38:40)	50
21	Carroll, Maura (Northport Runners Club)	180
	Nassau LI Half Marathon (2:35:35)	50
	Oyster Bay Supervisors 5K (28:06)	74
	Rob's Run 5K XC (32:14)	56
22	Jones, Rosemary (Runner's Edge/LITC)	180
	Aspire 10K (1:00:53)	50
	Blazing Trails for Autism 4 Miler (57:31)	71
	Rob's Run 5K XC (32:10)	59
*	Skelly, Jill (Runner's Edge/LITC)	180
	Aspire 10K (0:43:51)	90
	Rob's Run 5K XC (23:10)	90
*	Pickard, Kelly (GLIRC)	173
	Oyster Bay Supervisors 5K (23:56)	90
	Rob's Run 5K XC (26:33)	83
*	Cunningham, Bernie (GLIRC)	169
	Nassau LI Half Marathon (1:53:16)	83
	Runner's Edge Womens 5K (25:04)	86
*	Buitenkant, Janet (Northport Runners Club)	151
	Hope Runs Here 5K (34:20)	74
	Blue Ribbon Run 5K (31:08)	77
*	Conkling, Karen (Massapequa Road Runners)	151
	Aspire 10K (0:50:29)	74
	Nassau LI Half Marathon (1:56:51)	77
*	Gaston, Erica (NYPD)	115
	Nassau LI Half Marathon (2:55:41)	47
	Massapequa Firecracker 5K (34:10)	68
*	Soliman, Manal (GLIRC)	112
	Aspire 10K (1:19:44)	47
	Massapequa Firecracker 5K (39:05)	65
*	Lenzi, Mary (We Are Athletes)	100

	Nassau LI Full Marathon (4:19:56)	100
*	Mullen, Maryann (Northport Runners Club)	100
	Katie's Run 5K (27:57)	100
*	Staiano, Adriana (Runner's Edge/LITC)	90
	Nassau LI Half Marathon (1:50:33)	90
*	Devlin, Veronica (Northport Runners Club)	86
	Katie's Run 5K (32:10)	86
*	Aboff, Nancy (Runner's Edge/LITC)	86
	Aspire 10K (0:44:40)	86
*	Coladner, Andrea (Selden Hills)	80
	Rob's Run 5K XC (27:33)	80
*	Cronin-Stagnari, Barbara (Runner's Edge/LITC)	80
	NCPD 5K (27:04)	80
*	Paterson, Jamie (NCPD Running Club)	80
	Nassau LI Half Marathon (1:56:18)	80
*	Woloschin, Debra (Selden Hills)	74
	Rob's Run 5K XC (28:54)	74
*	Dionisio, Loretta (We Are Athletes)	74
	Massapequa Firecracker 5K (32:29)	74
*	Stewart, Debra (Selden Hills)	68
	Runday 5K (47:09)	68
*	Hirsch, Hildy (NCPD Running Club)	65
	NCPD 5K (35:18)	65
*	Schachner, Pauline (LIRRC)	53
	Nassau LI Half Marathon (2:28:45)	53
*	Chadderton, Jean (Selden Hills)	47
	Rob's Run 5K XC (44:45)	47
Women 60-64		
1	Zacharia, Marianne (Northport Runners Club)	776
	Aspire 10K (1:00:40)	80
	Nassau LI Half Marathon (2:19:04)	86
	Runday 5K (27:36)	100
	Katie's Run 5K (27:58)	100
	Runner's Edge Womens 5K (28:25)	83
	Massapequa Mile (8:15)	90
	NCPD 5K (27:21)	86
	Hope Runs Here 5K (27:31)	100
	Runner's Edge Farmingdale Mile (7:36)	86
	Blazing Trails for Autism 4 Miler (36:06)	100
	Oyster Bay Supervisors 5K (26:56)	100
	Blue Ribbon Run 5K (26:47)	100
2	Weess, Pamela (Northport Runners Club)	681
	Aspire 10K (1:07:53)	77
	Runday 5K (31:22)	83
	Massapequa Firecracker 5K (31:59)	86
	Runner's Edge Womens 5K (32:34)	77

	Hope Runs Here 5K (31:11)	86
	Blazing Trails for Autism 4 Miler (41:13)	90
	Oyster Bay Supervisors 5K (31:19)	86
	Blue Ribbon Run 5K (31:06)	90
	Rob's Run 5K XC (33:58)	83
3	Robinson, Susan (Northport Runners Club)	522
	Aspire 10K (0:56:26)	83
	Nassau LI Half Marathon (2:09:51)	90
	Katie's Run 5K (28:16)	90
	Massapequa Firecracker 5K (33:56)	83
	Oyster Bay Supervisors 5K (27:25)	90
	Rob's Run 5K XC (30:16)	86
4	Joyce, Maureen (Northport Runners Club)	490
	Aspire 10K (0:49:22)	100
	Massapequa Firecracker 5K (24:02)	100
	NCPD 5K (24:35)	90
	Runner's Edge Farmingdale Mile (6:40)	100
	Rob's Run 5K XC (27:43)	100
5	Solomine, Kim (GLIRC)	480
	Aspire 10K (0:51:57)	90
	Nassau LI Full Marathon (4:01:00)	100
	Runner's Edge Womens 5K (25:11)	100
	Massapequa Mile (6:56)	100
	Runner's Edge Farmingdale Mile (6:49)	90
6	Murray, Joyce (Runner's Edge/LITC)	397
	Nassau LI Half Marathon (3:37:33)	80
	Massapequa Firecracker 5K (46:34)	77
	Runner's Edge Womens 5K (46:13)	74
	NCPD 5K (46:28)	83
	Runner's Edge Farmingdale Mile (13:40)	83
7	Abrams, Diane (Northport Runners Club)	259
	Runday 5K (28:47)	90
	Katie's Run 5K (29:30)	86
	Massapequa Mile (8:38)	83
8	Spitso, Linda (Massapequa Road Runners)	243
	Aspire 10K (1:16:27)	74
	Nassau LI Half Marathon (2:38:26)	83
	Blue Ribbon Run 5K (35:46)	86
9	Bush, Patricia (We Are Athletes)	237
	Aspire 10K (1:16:35)	71
	Runday 5K (35:08)	80
	Blazing Trails for Autism 4 Miler (50:43)	86
*	Doman, Dolores (Super Runners)	200
	Nassau LI Half Marathon (1:45:50)	100
	NCPD 5K (23:47)	100
*	Fraker, Mary (Selden Hills)	176
	Aspire 10K (0:55:12)	86

	Rob's Run 5K XC (29:29)	90
*	Brewer, Marie (LIRRC)	170
	Runner's Edge Womens 5K (29:10)	80
	Hope Runs Here 5K (29:10)	90
*	Breen, Kate (Northport Runners Club)	163
	Massapequa Firecracker 5K (33:56)	80
	Hope Runs Here 5K (32:52)	83
*	Nesbitt, Jean (Selden Hills)	90
	Runner's Edge Womens 5K (26:15)	90
*	Johnson-strang, Madeleine (Northport Runners Club)	90
	Massapequa Firecracker 5K (30:54)	90
*	Cotten, Karen (Selden Hills)	86
	Runner's Edge Womens 5K (27:48)	86
*	Stajk, Maryellen (Northport Runners Club)	86
	Massapequa Mile (8:25)	86
*	Latta, Judy (LIRRC)	86
	Runday 5K (29:23)	86
*	Raeside, Susan (Selden Hills)	80
	Rob's Run 5K XC (35:10)	80
*	O'Donnell, Meg (Northport Runners Club)	80
	Massapequa Mile (17:24)	80
*	Hartman, Laura (Selden Hills)	77
	Rob's Run 5K XC (36:57)	77
Women 65-69		
1	Keogh, Susan (GLIRC)	800
	Nassau LI Half Marathon (2:05:29)	100
	Runday 5K (25:40)	100
	Katie's Run 5K (25:48)	100
	Massapequa Firecracker 5K (25:38)	100
	Runner's Edge Womens 5K (26:25)	100
	Massapequa Mile (7:20)	100
	NCPD 5K (25:21)	100
	Hope Runs Here 5K (25:01)	100
	Oyster Bay Supervisors 5K (26:59)	100
2	Withus, Gloria (We Are Athletes)	756
	Aspire 10K (1:01:00)	83
	Nassau LI Half Marathon (2:26:30)	86
	Runday 5K (29:34)	86
	Katie's Run 5K (30:14)	90
	Massapequa Firecracker 5K (29:48)	86
	Runner's Edge Womens 5K (29:30)	86
	Massapequa Mile (8:11)	90
	Hope Runs Here 5K (29:32)	83
	Runner's Edge Farmingdale Mile (8:06)	100
	Blazing Trails for Autism 4 Miler (39:18)	100
	Oyster Bay Supervisors 5K (30:16)	90

	Blue Ribbon Run 5K (28:32)	100
	Rob's Run 5K XC (32:26)	100
3	Dowling, Fran (LIRRC)	515
	Massapequa Firecracker 5K (33:03)	83
	Hope Runs Here 5K (31:30)	80
	Blazing Trails for Autism 4 Miler (43:11)	86
	Oyster Bay Supervisors 5K (30:56)	86
	Blue Ribbon Run 5K (30:30)	90
	Rob's Run 5K XC (36:28)	90
4	Holden, Rochelle (We Are Athletes)	422
	Runday 5K (37:17)	83
	Massapequa Firecracker 5K (36:40)	80
	NCPD 5K (38:02)	90
	Runner's Edge Farmingdale Mile (10:57)	86
	Oyster Bay Supervisors 5K (37:15)	83
5	Carroll, Patricia (Selden Hills)	406
	Aspire 10K (1:14:15)	80
	Hope Runs Here 5K (33:53)	74
	Blazing Trails for Autism 4 Miler (47:58)	83
	Blue Ribbon Run 5K (36:23)	83
	Rob's Run 5K XC (39:56)	86
6	Lee, Pamela (We Are Athletes)	370
	Aspire 10K (0:56:25)	100
	Nassau LI Half Marathon (2:17:57)	90
	Runday 5K (27:03)	90
	Runner's Edge Farmingdale Mile (9:29)	90
7	Drake, Patti (LIRRC)	360
	Aspire 10K (0:58:31)	90
	Massapequa Firecracker 5K (28:15)	90
	Runner's Edge Womens 5K (28:45)	90
	Hope Runs Here 5K (27:50)	90
8	Healy, Janet (We Are Athletes)	258
	Aspire 10K (0:59:13)	86
	Massapequa Mile (8:25)	86
	Hope Runs Here 5K (29:16)	86
9	Zieve, June (Northport Runners Club)	253
	Hope Runs Here 5K (32:16)	77
	Blazing Trails for Autism 4 Miler (42:00)	90
	Blue Ribbon Run 5K (32:40)	86
*	Brown, Pamela (We Are Athletes)	83
	Runner's Edge Womens 5K (30:29)	83
*	McGraw, Jane (Northport Runners Club)	83
	Massapequa Mile (18:29)	83
Women 70-74		
1	Fitzgibbon, Anne (We Are Athletes)	800
	Runday 5K (30:38)	100

	Massapequa Firecracker 5K (31:18)	100
	Runner's Edge Womens 5K (31:10)	86
	Massapequa Mile (8:51)	100
	NCPD 5K (30:56)	100
	Hope Runs Here 5K (30:19)	100
	Runner's Edge Farmingdale Mile (8:38)	100
	Blue Ribbon Run 5K (30:01)	100
	Rob's Run 5K XC (33:49)	100
2	Penagos, Elizabeth (GLIRC)	740
	Runday 5K (31:34)	90
	Katie's Run 5K (32:23)	100
	Massapequa Firecracker 5K (32:36)	90
	Runner's Edge Womens 5K (32:21)	83
	Massapequa Mile (9:20)	90
	NCPD 5K (33:24)	90
	Runner's Edge Farmingdale Mile (9:01)	90
	Blazing Trails for Autism 4 Miler (42:26)	100
	Oyster Bay Supervisors 5K (31:02)	90
	Blue Ribbon Run 5K (31:16)	86
	Rob's Run 5K XC (35:11)	90
3	Gonzalez, Abby (Selden Hills)	352
	Hope Runs Here 5K (31:45)	90
	Oyster Bay Supervisors 5K (32:10)	86
	Blue Ribbon Run 5K (30:57)	90
	Rob's Run 5K XC (36:01)	86
4	Bellovin, Sherry (We Are Athletes)	276
	Aspire 10K (1:46:09)	90
	Nassau LI Half Marathon (3:39:01)	100
	Hope Runs Here 5K (48:49)	86
5	Boucher, Hilory (Northport Runners Club)	249
	Runner's Edge Womens 5K (43:56)	80
	Runner's Edge Farmingdale Mile (11:33)	86
	Oyster Bay Supervisors 5K (37:39)	83
*	Sehmeyer, Constance (We Are Athletes)	200
	Runner's Edge Womens 5K (26:53)	100
	Oyster Bay Supervisors 5K (29:33)	100
*	Frisone, Maureen (LIRRC)	190
	Aspire 10K (1:01:35)	100
	Runner's Edge Womens 5K (30:14)	90
*	Robinson, Irene (We Are Athletes)	86
	Massapequa Firecracker 5K (39:18)	86
Women 75-79		
1	Clavin, Helma (Selden Hills)	700
	Nassau LI Half Marathon (2:43:52)	100
	Massapequa Firecracker 5K (33:43)	100
	Runner's Edge Womens 5K (33:03)	100

	Hope Runs Here 5K (33:07)	100
	Blazing Trails for Autism 4 Miler (44:31)	100
	Blue Ribbon Run 5K (35:01)	100
	Rob's Run 5K XC (41:43)	100
2	Delaney, Patricia (Massapequa Road Runners)	470
	Aspire 10K (1:17:24)	100
	Massapequa Firecracker 5K (39:57)	90
	Runner's Edge Womens 5K (36:56)	90
	NCPD 5K (32:12)	100
	Blazing Trails for Autism 4 Miler (50:23)	90
3	Ackerman, Joan (We Are Athletes)	262
	Massapequa Firecracker 5K (49:07)	86
	Runner's Edge Womens 5K (48:10)	86
	Hope Runs Here 5K (46:23)	90
Men 16-19		
1	Smyth, Patrick (Runner's Edge/LITC)	300
	Aspire 10K (0:33:38)	100
	Massapequa Firecracker 5K (16:12)	100
	NCPD 5K (16:19)	100
*	Garnier-Winkler, Brandon (Northport Runners Club)	200
	Massapequa Mile (6:02)	100
	Hope Runs Here 5K (22:38)	100
*	DiLisio, Eric (GLIRC)	100
	Rob's Run 5K XC (21:53)	100
*	Anzaldi III, Frankie (We Are Athletes)	100
	Blazing Trails for Autism 4 Miler (34:23)	100
*	McPartland, Tyler (Runner's Edge/LITC)	100
	Runner's Edge Farmingdale Mile (4:41)	100
Men 20-24		
1	Eletto, Alex (Northport Runners Club)	800
	Aspire 10K (0:37:09)	100
	Nassau LI Full Marathon (3:22:01)	100
	Runday 5K (18:03)	100
	Massapequa Firecracker 5K (17:48)	100
	Massapequa Mile (4:53)	90
	Hope Runs Here 5K (17:31)	90
	Runner's Edge Farmingdale Mile (4:49)	100
	Oyster Bay Supervisors 5K (17:29)	100
	Blue Ribbon Run 5K (17:38)	100
	Rob's Run 5K XC (19:15)	100
2	Mihailin, Thomas (Northport Runners Club)	740
	Aspire 10K (0:37:49)	90
	Nassau LI Full Marathon (4:01:08)	83
	Massapequa Firecracker 5K (18:17)	90
	Massapequa Mile (4:45)	100
	Hope Runs Here 5K (17:26)	100

	Runner's Edge Farmingdale Mile (4:51)	90
	Oyster Bay Supervisors 5K (18:06)	90
	Blue Ribbon Run 5K (18:23)	90
	Rob's Run 5K XC (19:32)	90
3	McKeon, John (GLIRC)	704
	Aspire 10K (0:42:26)	83
	Nassau LI Full Marathon (3:32:00)	90
	Runday 5K (19:20)	90
	Katie's Run 5K (19:35)	86
	Massapequa Firecracker 5K (19:20)	83
	NCPD 5K (19:39)	100
	Runner's Edge Farmingdale Mile (5:11)	83
	Blue Ribbon Run 5K (19:39)	86
	Rob's Run 5K XC (21:09)	86
4	Rachman, Greg (We Are Athletes)	441
	Katie's Run 5K (18:08)	100
	Massapequa Mile (4:59)	86
	Hope Runs Here 5K (17:58)	86
	Runner's Edge Farmingdale Mile (4:54)	86
	Oyster Bay Supervisors 5K (18:23)	83
5	Sacklow, Joseph (Long Run Crew)	323
	Massapequa Firecracker 5K (34:39)	80
	Massapequa Mile (6:01)	80
	Runner's Edge Farmingdale Mile (5:55)	80
	Blue Ribbon Run 5K (22:26)	83
6	Franz, Julian (LIRRC)	249
	Nassau LI Full Marathon (3:33:30)	86
	Massapequa Mile (5:25)	83
	Oyster Bay Supervisors 5K (19:14)	80
*	Seymour, Quinn (Long Run Crew)	176
	Nassau LI Half Marathon (1:31:12)	86
	Katie's Run 5K (19:23)	90
*	Fiedtkou, Caleb (Runner's Edge/LITC)	176
	Aspire 10K (0:39:05)	86
	Nassau LI Half Marathon (1:28:10)	90
*	Khedaru, Aashaun (Northport Runners Club)	100
	Nassau LI Half Marathon (1:19:08)	100
*	Conley, Kevin (NCPD Running Club)	90
	NCPD 5K (25:27)	90
*	Mahony, Tim (Long Run Crew)	86
	Oyster Bay Supervisors 5K (18:12)	86
*	Quinn, Austin (Northport Runners Club)	86
	Massapequa Firecracker 5K (19:10)	86
*	Quinn, Bradley (GLIRC)	80
	Nassau LI Full Marathon (4:10:56)	80
Men 25-29		

1	Williams, Raymond (We Are Athletes)	711
	Aspire 10K (0:40:20)	86
	Runday 5K (19:00)	86
	Massapequa Firecracker 5K (19:48)	83
	Massapequa Mile (5:17)	90
	NCPD 5K (19:23)	86
	Runner's Edge Farmingdale Mile (5:06)	90
	Blue Ribbon Run 5K (19:22)	90
	Rob's Run 5K XC (20:56)	100
2	Doskoez Jr, Ronald (Long Run Crew)	441
	Nassau LI Half Marathon (1:30:00)	100
	Massapequa Firecracker 5K (19:38)	86
	Massapequa Mile (5:26)	86
	NCPD 5K (19:23)	83
	Blue Ribbon Run 5K (19:54)	86
3	Grieco, Joe (We Are Athletes)	400
	Massapequa Firecracker 5K (16:07)	100
	Massapequa Mile (4:24)	100
	Runner's Edge Farmingdale Mile (4:20)	100
	Blue Ribbon Run 5K (16:08)	100
4	Pickard, Robert (Long Run Crew)	390
	Aspire 10K (0:37:11)	100
	Massapequa Firecracker 5K (17:33)	90
	NCPD 5K (17:19)	100
	Hope Runs Here 5K (17:08)	100
*	Lizardo, Chris (Selden Hills)	190
	Nassau LI Full Marathon (4:15:33)	100
	Rob's Run 5K XC (22:54)	90
*	Weisenbacher, Ryan (Selden Hills)	180
	Aspire 10K (0:40:07)	90
	Nassau LI Half Marathon (1:31:18)	90
*	Healy, Ryan (We Are Athletes)	100
	Runday 5K (16:24)	100
*	Schneider, Alex (Runner's Edge/LITC)	100
	Blazing Trails for Autism 4 Miler (25:23)	100
*	Heitner, Jon (Selden Hills)	90
	Runday 5K (18:43)	90
*	Haddock, Tom (Selden Hills)	90
	Nassau LI Full Marathon (4:16:18)	90
*	Scheinson, Scott (Long Run Crew)	90
	NCPD 5K (19:13)	90
*	Miller, Sean (NYPD)	86
	Nassau LI Half Marathon (2:08:07)	86
*	Briguglio, Peter (Massapequa Road Runners)	86
	Nassau LI Full Marathon (4:57:56)	86
*	Napoleon, Andrew (Long Run Crew)	83
	Aspire 10K (0:42:11)	83

	* Breimann, Matt (We Are Athletes)	83
	Nassau LI Full Marathon (5:05:04)	83
	* Hardick, Sean (Runner's Edge/LITC)	80
	NCPD 5K (19:26)	80
	* Fund, Andrew (Runner's Edge/LITC)	77
	NCPD 5K (23:27)	77
Men 30-34		
1	Harvey, Daniel (GLIRC)	740
	Katie's Run 5K (19:34)	90
	Massapequa Mile (5:19)	90
	NCPD 5K (19:28)	90
	Hope Runs Here 5K (19:34)	90
	Runner's Edge Farmingdale Mile (5:15)	100
	Blazing Trails for Autism 4 Miler (26:34)	90
	Oyster Bay Supervisors 5K (20:01)	100
	Blue Ribbon Run 5K (19:31)	90
2	Masso, Keith (LIRRC)	507
	NCPD 5K (21:11)	86
	Hope Runs Here 5K (21:03)	83
	Runner's Edge Farmingdale Mile (5:51)	86
	Blazing Trails for Autism 4 Miler (28:15)	86
	Oyster Bay Supervisors 5K (22:02)	86
	Rob's Run 5K XC (23:22)	80
3	Perez, Diego (Runner's Edge/LITC)	330
	Nassau LI Half Marathon (2:07:19)	77
	NCPD 5K (22:14)	77
	Oyster Bay Supervisors 5K (21:16)	90
	Rob's Run 5K XC (23:10)	86
4	Murray, Edward (We Are Athletes)	290
	Aspire 10K (0:34:57)	90
	Blazing Trails for Autism 4 Miler (23:06)	100
	Blue Ribbon Run 5K (17:30)	100
5	Gendy, Joe (GLIRC)	286
	Aspire 10K (0:39:29)	86
	Nassau LI Full Marathon (3:13:22)	100
	Katie's Run 5K (19:12)	100
6	Tymecki, Kenneth (NCPD Running Club)	255
	Nassau LI Half Marathon (1:42:34)	86
	Runday 5K (21:04)	86
	NCPD 5K (21:16)	83
	* Toro, Jonathan (Long Run Crew)	200
	Aspire 10K (0:34:41)	100
	Massapequa Mile (4:44)	100
	* Chasanoff, Mark (Long Run Crew)	190
	Hope Runs Here 5K (19:29)	100
	Runner's Edge Farmingdale Mile (5:22)	90

	* Harper, Thomas (Northport Runners Club)	186
	Hope Runs Here 5K (19:46)	86
	Rob's Run 5K XC (19:46)	100
	* Parsons, Joshua (NCPD Running Club)	183
	Aspire 10K (0:41:33)	83
	NCPD 5K (18:34)	100
	* Demeri, Ryan (GLIRC)	166
	Massapequa Mile (5:58)	86
	NCPD 5K (21:50)	80
	* Brekne, Craig (Selden Hills)	163
	Nassau LI Half Marathon (1:56:23)	80
	Rob's Run 5K XC (23:13)	83
	* Murphy, Patrick (Northport Runners Club)	100
	Massapequa Firecracker 5K (22:18)	100
	* Fox, Sam (Runner's Edge/LITC)	100
	Nassau LI Half Marathon (1:23:20)	100
	* Berd, Mike (LIRRC)	100
	Runday 5K (20:12)	100
	* Loehle, Peter (NYPD)	90
	Nassau LI Half Marathon (1:25:23)	90
	* Aly, Zein (NYPD)	90
	Nassau LI Full Marathon (3:33:41)	90
	* Hertz, Matthew (Northport Runners Club)	90
	Rob's Run 5K XC (21:08)	90
	* Lauer, Tyler (LIRRC)	90
	Runday 5K (20:36)	90
	* Collins, John (NYPD)	83
	Nassau LI Half Marathon (1:47:17)	83
	* Luxenberg, Scott (We Are Athletes)	83
	Oyster Bay Supervisors 5K (23:01)	83
	* Dunn, Matthew (Northport Runners Club)	83
	Runner's Edge Farmingdale Mile (9:31)	83
	* Cabasso, Andrew (Northport Runners Club)	80
	Hope Runs Here 5K (21:53)	80
	* Avila, James (Northport Runners Club)	80
	Oyster Bay Supervisors 5K (26:48)	80
	* Torres, Adriel (Selden Hills)	77
	Rob's Run 5K XC (24:09)	77
	* Walter, Ryan (Selden Hills)	74
	Rob's Run 5K XC (25:26)	74
	* Ricci, Anthony (Selden Hills)	71
	Rob's Run 5K XC (26:40)	71
	* Hill, Eric (We Are Athletes)	68
	Rob's Run 5K XC (27:27)	68
Men 35-39		
1	Murphy III, Robert (Northport Runners Club)	715

	Aspire 10K (0:42:50)	83
	Runday 5K (19:35)	90
	Katie's Run 5K (19:47)	83
	Massapequa Firecracker 5K (19:26)	80
	NCPD 5K (19:09)	83
	Blazing Trails for Autism 4 Miler (25:24)	86
	Oyster Bay Supervisors 5K (19:07)	90
	Blue Ribbon Run 5K (19:23)	100
	Rob's Run 5K XC (20:51)	100
2	Palma, Luis (LIRRC)	692
	Nassau LI Full Marathon (3:25:18)	100
	Katie's Run 5K (20:11)	77
	Massapequa Firecracker 5K (20:32)	77
	Massapequa Mile (5:22)	83
	NCPD 5K (20:25)	74
	Hope Runs Here 5K (20:12)	83
	Runner's Edge Farmingdale Mile (5:10)	90
	Blazing Trails for Autism 4 Miler (26:23)	83
	Oyster Bay Supervisors 5K (20:15)	80
	Blue Ribbon Run 5K (19:46)	83
	Rob's Run 5K XC (21:47)	90
3	Hampton, Trent (We Are Athletes)	691
	Aspire 10K (0:40:45)	86
	Runday 5K (20:06)	83
	Katie's Run 5K (20:05)	80
	Massapequa Firecracker 5K (18:55)	90
	Massapequa Mile (5:19)	86
	NCPD 5K (19:42)	80
	Hope Runs Here 5K (19:29)	86
	Runner's Edge Farmingdale Mile (4:54)	100
	Blazing Trails for Autism 4 Miler (27:19)	80
	Blue Ribbon Run 5K (20:45)	80
4	Jensen, Joseph (Long Run Crew)	532
	Nassau LI Full Marathon (3:29:31)	90
	Katie's Run 5K (19:26)	86
	Massapequa Mile (5:25)	80
	NCPD 5K (19:03)	86
	Hope Runs Here 5K (18:45)	100
	Blue Ribbon Run 5K (19:30)	90
5	Bartolotto, Kevin (Long Run Crew)	442
	Runday 5K (19:45)	86
	Katie's Run 5K (19:20)	90
	Massapequa Firecracker 5K (19:10)	86
	Massapequa Mile (5:15)	90
	Hope Runs Here 5K (19:08)	90
6	Koegel, Chris (GLIRC)	400
	Runday 5K (18:01)	100

	Katie's Run 5K (18:06)	100
	Blazing Trails for Autism 4 Miler (23:39)	100
	Oyster Bay Supervisors 5K (17:47)	100
7	Sparacin, Rich (Selden Hills)	394
	Aspire 10K (0:47:38)	80
	Nassau LI Full Marathon (4:14:00)	80
	Runday 5K (22:58)	80
	Massapequa Firecracker 5K (22:14)	74
	Rob's Run 5K XC (23:54)	80
8	Hernandez, Elias (GLIRC)	249
	Runner's Edge Farmingdale Mile (6:05)	80
	Oyster Bay Supervisors 5K (20:02)	83
	Blue Ribbon Run 5K (19:34)	86
*	Diaz, Franklin (Runner's Edge/LITC)	200
	Aspire 10K (0:37:28)	100
	Massapequa Firecracker 5K (16:45)	100
*	Nastasi, Sal (Runner's Edge/LITC)	190
	Massapequa Mile (4:58)	100
	Blazing Trails for Autism 4 Miler (25:23)	90
*	Melton, Paul (Selden Hills)	167
	Nassau LI Half Marathon (1:59:55)	90
	Rob's Run 5K XC (26:01)	77
*	Sonnenberg, Marc (GLIRC)	163
	Massapequa Mile (5:26)	77
	Runner's Edge Farmingdale Mile (5:22)	86
*	Shiffrin, Craig (We Are Athletes)	160
	Aspire 10K (0:52:13)	77
	Runner's Edge Farmingdale Mile (6:03)	83
*	Campo, Matt (Massapequa Road Runners)	160
	Nassau LI Half Marathon (2:31:06)	86
	Katie's Run 5K (26:46)	74
*	Garvin, Eric (Long Run Crew)	100
	NCPD 5K (18:28)	100
*	Morzan, Ian (Runner's Edge/LITC)	100
	Nassau LI Half Marathon (1:51:56)	100
*	Flick, Joe (Long Run Crew)	90
	Aspire 10K (0:38:11)	90
*	Scott, Matthew (NCPD Running Club)	90
	NCPD 5K (18:40)	90
*	Corrar, Joseph (Selden Hills)	86
	Rob's Run 5K XC (22:26)	86
*	Hambarsumian, Victor (NYPD)	86
	Oyster Bay Supervisors 5K (19:54)	86
*	Cammarata, Michael (Runner's Edge/LITC)	86
	Nassau LI Full Marathon (3:31:35)	86
*	Fisher, Thomas (Selden Hills)	83
	Rob's Run 5K XC (23:17)	83

	* Mims, Brendan (Long Run Crew)	83
	Massapequa Firecracker 5K (19:17)	83
	* Delaney, Colin (NYPD)	83
	Nassau LI Full Marathon (3:32:33)	83
	* Monkowski, Matthew (LIRRC)	83
	Nassau LI Half Marathon (2:31:48)	83
	* Johnson, Peter (NYPD)	77
	Runner's Edge Farmingdale Mile (13:16)	77
	* Joseph, Jordaens (NYPD)	77
	Nassau LI Full Marathon (4:44:03)	77
	* Smith, Bradley (Runner's Edge/LITC)	77
	NCPD 5K (20:22)	77
	* Francisci, Tom (LIRRC)	77
	Runday 5K (23:05)	77
	* Huertas, Juan (Selden Hills)	74
	Rob's Run 5K XC (27:28)	74
	* Klubnick, Joseph (NYPD)	74
	Massapequa Mile (5:53)	74
	* Diaz, Thomas (Selden Hills)	71
	Massapequa Firecracker 5K (24:20)	71
	* Fox, Michael (NYPD)	71
	NCPD 5K (25:45)	71
	* Cutter, Paul (Runner's Edge/LITC)	71
	Katie's Run 5K (33:39)	71
Men 40-44		
	1 Dabrowski, Adam (Runner's Edge/LITC)	686
	Nassau LI Half Marathon (1:46:16)	71
	Runday 5K (22:14)	83
	Massapequa Firecracker 5K (22:05)	86
	Massapequa Mile (6:09)	86
	NCPD 5K (21:57)	80
	Hope Runs Here 5K (21:57)	90
	Runner's Edge Farmingdale Mile (5:55)	90
	Oyster Bay Supervisors 5K (22:10)	100
	2 Taylor, Jason (Selden Hills)	525
	Aspire 10K (0:46:56)	71
	Nassau LI Half Marathon (1:40:07)	74
	Massapequa Firecracker 5K (22:03)	90
	Blazing Trails for Autism 4 Miler (31:22)	100
	Blue Ribbon Run 5K (21:36)	90
	Rob's Run 5K XC (22:29)	100
	3 Alexander, Sean (Long Run Crew)	422
	Aspire 10K (0:45:00)	77
	Nassau LI Full Marathon (3:57:23)	86
	Katie's Run 5K (22:36)	90
	Massapequa Mile (6:16)	83

	Blue Ribbon Run 5K (21:37)	86
4	Reitz, William (LIRRC)	333
	Massapequa Mile (7:50)	77
	Runner's Edge Farmingdale Mile (7:07)	83
	Blue Ribbon Run 5K (26:28)	83
	Rob's Run 5K XC (28:21)	90
5	Wiley, Ken (Selden Hills)	302
	Nassau LI Half Marathon (2:14:45)	59
	Runday 5K (27:21)	80
	Runner's Edge Farmingdale Mile (7:33)	80
	Rob's Run 5K XC (33:27)	83
6	Ward, Christopher (Long Run Crew)	266
	Aspire 10K (0:39:58)	86
	Nassau LI Half Marathon (1:27:52)	90
	Runday 5K (19:11)	90
7	Jensen, John (Long Run Crew)	241
	Aspire 10K (0:46:38)	74
	Nassau LI Half Marathon (1:40:00)	77
	Massapequa Mile (5:53)	90
*	Lopez-Merlos, David (Long Run Crew)	200
	Aspire 10K (0:38:04)	100
	Runday 5K (18:41)	100
*	Mikowski, Matthew (NYPD)	200
	Nassau LI Full Marathon (3:50:40)	100
	Katie's Run 5K (22:16)	100
*	Tate, Travis (We Are Athletes)	190
	Aspire 10K (0:39:32)	90
	Hope Runs Here 5K (18:18)	100
*	Dullaghan, John (Long Run Crew)	186
	Runday 5K (20:50)	86
	Massapequa Mile (5:37)	100
*	DiChiara, Sal (Runner's Edge/LITC)	183
	Aspire 10K (0:42:00)	83
	Runner's Edge Farmingdale Mile (5:43)	100
*	Onza, Benjamin (Selden Hills)	166
	Massapequa Mile (6:31)	80
	Runner's Edge Farmingdale Mile (6:17)	86
*	Frankle, Steve (Selden Hills)	166
	Blue Ribbon Run 5K (27:09)	80
	Rob's Run 5K XC (28:36)	86
*	Weiss, Steve (GLIRC)	163
	Aspire 10K (0:44:34)	80
	NCPD 5K (21:37)	83
*	Nicolosi, Sergio (Runner's Edge/LITC)	157
	Nassau LI Half Marathon (1:39:34)	80
	NCPD 5K (22:27)	77
*	Garcia, Andrew (NHP - Mineola Runners Club)	133

	Aspire 10K (0:48:22)	68
	Nassau LI Half Marathon (1:57:24)	65
	* Molina, Rafa (Long Run Crew)	100
	Blue Ribbon Run 5K (19:57)	100
	* Lorenz, Carl (GLIRC)	100
	Massapequa Firecracker 5K (21:40)	100
	* Edwin, Derrick (Runner's Edge/LITC)	100
	NCPD 5K (20:11)	100
	* Aronsky, Vladimir (Runner's Edge/LITC)	100
	Nassau LI Half Marathon (1:27:08)	100
	* Northridge, David (Selden Hills)	90
	Nassau LI Full Marathon (3:57:13)	90
	* Spottiswood, Mark (NCPD Running Club)	90
	NCPD 5K (20:35)	90
	* Urbina, Armando (NYPD)	86
	NCPD 5K (21:03)	86
	* Yakushko, Igor (Runner's Edge/LITC)	86
	Nassau LI Half Marathon (1:31:48)	86
	* Vonbuttgerit, Rich (NHP - Mineola Runners Club)	86
	Katie's Run 5K (24:03)	86
	* Mandello, Marc (Runner's Edge/LITC)	83
	Nassau LI Half Marathon (1:36:44)	83
	* Roberts, Corey (Selden Hills)	80
	Rob's Run 5K XC (34:08)	80
	* Baer, Jon (Selden Hills)	77
	Rob's Run 5K XC (35:08)	77
	* Kolko, Mariusz (Selden Hills)	74
	Rob's Run 5K XC (37:22)	74
	* Deleon, Lester (Runner's Edge/LITC)	74
	NCPD 5K (24:30)	74
	* Stanley, Brian (NYPD)	68
	Nassau LI Half Marathon (1:56:55)	68
	* Adelmann, Matthew (Selden Hills)	62
	Nassau LI Half Marathon (2:06:31)	62
	* Verbsky, Michael (Runner's Edge/LITC)	56
	Nassau LI Half Marathon (2:28:43)	56
	* Vittore, Jason (Selden Hills)	53
	Nassau LI Half Marathon (3:05:56)	53
Men 45-49		
	1 Minerva, Michael (Selden Hills)	697
	Aspire 10K (0:47:13)	74
	Nassau LI Half Marathon (1:49:03)	86
	Runday 5K (22:41)	90
	Katie's Run 5K (23:13)	86
	Massapequa Mile (6:21)	86
	NCPD 5K (22:32)	90

	Runner's Edge Farmingdale Mile (5:59)	83
	Blue Ribbon Run 5K (22:04)	86
	Rob's Run 5K XC (22:48)	90
2	Beavers, Ben (We Are Athletes)	647
	Aspire 10K (0:54:37)	71
	Runday 5K (25:05)	86
	Massapequa Firecracker 5K (25:24)	83
	Massapequa Mile (7:30)	83
	Hope Runs Here 5K (25:58)	90
	Runner's Edge Farmingdale Mile (6:47)	74
	Blazing Trails for Autism 4 Miler (34:43)	86
	Blue Ribbon Run 5K (25:41)	74
3	Pereira, Tommy (GLIRC)	570
	Katie's Run 5K (19:35)	100
	Massapequa Firecracker 5K (20:17)	90
	Hope Runs Here 5K (20:18)	100
	Runner's Edge Farmingdale Mile (5:31)	90
	Blue Ribbon Run 5K (20:38)	90
	Rob's Run 5K XC (22:10)	100
4	Coll, Thomas (Massapequa Road Runners)	441
	Aspire 10K (0:57:26)	68
	Nassau LI Half Marathon (2:12:43)	68
	Massapequa Firecracker 5K (25:58)	80
	Massapequa Mile (7:57)	80
	Runner's Edge Farmingdale Mile (7:34)	71
	Rob's Run 5K XC (31:56)	74
5	Conroy, Matthew (GLIRC)	400
	Nassau LI Half Marathon (2:09:34)	71
	Runday 5K (25:52)	83
	Massapequa Firecracker 5K (27:11)	77
	NCPD 5K (22:44)	86
	Blue Ribbon Run 5K (22:15)	83
6	Carrington, Boyd (Runner's Edge/LITC)	400
	Aspire 10K (0:33:37)	100
	Massapequa Firecracker 5K (16:46)	100
	Massapequa Mile (4:44)	100
	Runner's Edge Farmingdale Mile (4:17)	100
7	Pickus, Robert (GLIRC)	373
	Aspire 10K (0:45:45)	83
	Nassau LI Half Marathon (1:40:46)	100
	Runday 5K (20:58)	100
	Massapequa Mile (6:05)	90
8	Olson, Ken (LIRRC)	333
	NCPD 5K (25:40)	83
	Blazing Trails for Autism 4 Miler (33:20)	90
	Oyster Bay Supervisors 5K (25:38)	83
	Blue Ribbon Run 5K (24:39)	77

9	Rowley, Todd (GLIRC)	290
	Aspire 10K (0:40:54)	90
	Oyster Bay Supervisors 5K (19:24)	100
	Blue Ribbon Run 5K (19:16)	100
	* Kaplan, Ira (LIRRC)	170
	Aspire 10K (0:46:19)	80
	Nassau LI Half Marathon (1:44:24)	90
	* Gubbins, Douglas (NHP - Mineola Runners Club)	167
	Aspire 10K (0:46:54)	77
	Katie's Run 5K (21:17)	90
	* Juchem, Steve (LIRRC)	160
	Runner's Edge Farmingdale Mile (6:04)	80
	Blue Ribbon Run 5K (23:51)	80
	* Sacco, Chris (Selden Hills)	154
	Nassau LI Half Marathon (2:08:39)	74
	Rob's Run 5K XC (30:12)	80
	* Carter, Robert (Selden Hills)	154
	Nassau LI Full Marathon (5:38:46)	86
	Rob's Run 5K XC (36:51)	68
	* Nettuno, Thomas (Long Run Crew)	100
	Nassau LI Full Marathon (3:00:12)	100
	* Crowley, Brian (Runner's Edge/LITC)	100
	NCPD 5K (18:57)	100
	* Votruba, Robert (Runner's Edge/LITC)	100
	Blazing Trails for Autism 4 Miler (33:06)	100
	* Korn, Micah (Selden Hills)	90
	Oyster Bay Supervisors 5K (22:41)	90
	* McDonald, Brian (Runner's Edge/LITC)	90
	Nassau LI Full Marathon (4:22:51)	90
	* Downes, Ray (Selden Hills)	86
	Aspire 10K (0:44:39)	86
	* Van Zandt, Peter (Selden Hills)	86
	Rob's Run 5K XC (26:42)	86
	* Nickerson, Steven (We Are Athletes)	86
	Massapequa Firecracker 5K (21:42)	86
	* Huntington, Keith (Northport Runners Club)	86
	Oyster Bay Supervisors 5K (22:42)	86
	* Bereton, Billy (Northport Runners Club)	86
	Runner's Edge Farmingdale Mile (5:51)	86
	* Barquero, Richard (Selden Hills)	83
	Rob's Run 5K XC (27:36)	83
	* Meehan, William (NYPD)	83
	Nassau LI Half Marathon (1:49:10)	83
	* Ciarfello, Charles (Runner's Edge/LITC)	80
	Nassau LI Half Marathon (1:53:51)	80
	* Shaltenbrand, Rob (Runner's Edge/LITC)	80
	NCPD 5K (26:12)	80

	* Souto, Mike (Selden Hills)	77
	Rob's Run 5K XC (31:34)	77
	* Ferrity, Edward (NYPD)	77
	Nassau LI Half Marathon (2:07:35)	77
	* Miglino, Michael (Runner's Edge/LITC)	77
	Runner's Edge Farmingdale Mile (6:35)	77
	* Delman, Eric (NYPD)	74
	Massapequa Firecracker 5K (38:07)	74
	* Felice, Anthony (NYPD)	71
	Rob's Run 5K XC (32:00)	71
	* Burritt, Mark (Selden Hills)	65
	Nassau LI Half Marathon (2:32:30)	65
	* Cooney, Brian (NYPD)	62
	Nassau LI Half Marathon (2:33:38)	62
	* DiGaetano, Joseph (NYPD)	59
	Nassau LI Half Marathon (3:39:53)	59
Men 50-54		
	1 Walden, Ben (Northport Runners Club)	676
	Nassau LI Half Marathon (1:53:57)	90
	Runday 5K (24:08)	90
	Katie's Run 5K (24:49)	86
	Massapequa Mile (6:48)	77
	NCPD 5K (24:38)	80
	Runner's Edge Farmingdale Mile (6:31)	83
	Blazing Trails for Autism 4 Miler (32:13)	90
	Blue Ribbon Run 5K (23:58)	80
	2 Fiume, Christopher (We Are Athletes)	576
	Runday 5K (24:23)	86
	Massapequa Firecracker 5K (24:42)	86
	Massapequa Mile (6:59)	74
	Hope Runs Here 5K (24:48)	90
	Runner's Edge Farmingdale Mile (6:32)	80
	Blazing Trails for Autism 4 Miler (33:19)	86
	Blue Ribbon Run 5K (25:13)	74
	3 Juettner, John (Northport Runners Club)	539
	Aspire 10K (1:23:33)	65
	Runday 5K (35:15)	77
	Katie's Run 5K (39:13)	77
	Hope Runs Here 5K (38:39)	83
	Blazing Trails for Autism 4 Miler (53:37)	83
	Oyster Bay Supervisors 5K (35:30)	83
	Blue Ribbon Run 5K (43:15)	71
	4 Benlein, Frederick (We Are Athletes)	515
	Runday 5K (59:02)	74
	Katie's Run 5K (1:02:57)	74
	Massapequa Firecracker 5K (1:04:37)	77

	Massapequa Mile (16:58)	68
	Hope Runs Here 5K (56:11)	80
	Runner's Edge Farmingdale Mile (15:58)	74
	Blue Ribbon Run 5K (54:32)	68
5	Arloff, Kevin (Northport Runners Club)	417
	Aspire 10K (0:50:45)	74
	Massapequa Firecracker 5K (22:51)	90
	Massapequa Mile (5:55)	80
	NCPD 5K (21:58)	83
	Runner's Edge Farmingdale Mile (5:48)	90
6	Boone, Kevin (Northport Runners Club)	386
	Aspire 10K (0:41:25)	100
	Nassau LI Full Marathon (3:44:06)	86
	NCPD 5K (19:59)	100
	Oyster Bay Supervisors 5K (19:49)	100
7	Frank, Christopher (Long Run Crew)	366
	Massapequa Firecracker 5K (20:29)	100
	Massapequa Mile (5:39)	90
	NCPD 5K (20:01)	90
	Blue Ribbon Run 5K (20:37)	86
8	Gutierrez, Jose (We Are Athletes)	290
	Hope Runs Here 5K (19:51)	100
	Blue Ribbon Run 5K (20:18)	90
	Rob's Run 5K XC (21:19)	100
9	Fernandez, Mike (GLIRC)	273
	Aspire 10K (0:43:33)	90
	Katie's Run 5K (20:22)	100
	Massapequa Mile (5:54)	83
10	Buckley, Stephen (Selden Hills)	266
	Runner's Edge Farmingdale Mile (6:15)	86
	Oyster Bay Supervisors 5K (22:27)	90
	Rob's Run 5K XC (23:04)	90
11	Gilbert, Scott (Northport Runners Club)	257
	Aspire 10K (0:49:50)	77
	Nassau LI Half Marathon (1:45:12)	100
	Rob's Run 5K XC (24:46)	80
12	Kirshner, Jay (Northport Runners Club)	249
	Hope Runs Here 5K (33:33)	86
	Runner's Edge Farmingdale Mile (8:18)	77
	Oyster Bay Supervisors 5K (30:37)	86
13	Belz, Roger (Selden Hills)	201
	Aspire 10K (1:01:12)	68
	Massapequa Firecracker 5K (30:01)	80
	Rob's Run 5K XC (33:31)	53
*	Englehart, Paul (GLIRC)	186
	Aspire 10K (0:46:42)	86
	Blazing Trails for Autism 4 Miler (30:09)	100

*	Guilfoyle, Keith (GLIRC)	180
	Nassau LI Full Marathon (4:05:47)	80
	Blue Ribbon Run 5K (17:44)	100
*	Scheurman, Karl (Northport Runners Club)	166
	Aspire 10K (0:47:19)	83
	Nassau LI Full Marathon (4:03:55)	83
*	Sallustro, Rich (Selden Hills)	160
	Nassau LI Full Marathon (4:17:31)	77
	Blue Ribbon Run 5K (22:41)	83
*	Schreiber, Christopher (Selden Hills)	154
	Nassau LI Half Marathon (1:58:10)	80
	Rob's Run 5K XC (25:47)	74
*	Brotter, Amos (Selden Hills)	151
	Runday 5K (27:22)	80
	Rob's Run 5K XC (26:09)	71
*	Koplik, Joe (Runner's Edge/LITC)	148
	Aspire 10K (0:56:21)	71
	Nassau LI Half Marathon (2:09:09)	77
*	Broderick, Mike (LIRRC)	148
	Runday 5K (27:12)	83
	Rob's Run 5K XC (27:21)	65
*	Cohen, Jason (Selden Hills)	100
	Runner's Edge Farmingdale Mile (5:26)	100
*	Hart, Joe (Northport Runners Club)	100
	Runday 5K (19:04)	100
*	O'Hara, Gerry (Super Runners)	100
	Massapequa Mile (4:56)	100
*	Rampolla, Robert (Runner's Edge/LITC)	100
	Nassau LI Full Marathon (3:34:41)	100
*	Murray, James (GLIRC)	90
	Katie's Run 5K (23:01)	90
*	Ford, Kevin (Northport Runners Club)	90
	Nassau LI Full Marathon (3:40:22)	90
*	Graygor, Rob (Selden Hills)	86
	Rob's Run 5K XC (23:12)	86
*	Biegner, George (NYPD)	86
	Nassau LI Half Marathon (1:57:17)	86
*	Anderson, Michael (NYPD)	86
	NCPD 5K (21:39)	86
*	Mara, Shaun (Super Runners)	86
	Massapequa Mile (5:49)	86
*	Carver, Eric (Selden Hills)	83
	Rob's Run 5K XC (23:45)	83
*	Schmidt, Steve (Northport Runners Club)	83
	Katie's Run 5K (25:24)	83
*	Bendix, Matthew (Northport Runners Club)	83
	Massapequa Firecracker 5K (26:10)	83

	* Ambroise, Jerry (Runner's Edge/LITC)	83
	Nassau LI Half Marathon (1:57:40)	83
	* Gavaris, Bill (NYPD)	80
	Katie's Run 5K (32:18)	80
	* Hardie, Rob (Northport Runners Club)	80
	Aspire 10K (0:48:40)	80
	* Metro, Todd (Selden Hills)	77
	Rob's Run 5K XC (25:26)	77
	* Savino, Joseph (NYPD)	77
	NCPD 5K (26:42)	77
	* McDonagh, Dan (Northport Runners Club)	77
	Blue Ribbon Run 5K (24:38)	77
	* McBride, Michael (NYPD)	74
	NCPD 5K (40:18)	74
	* Eggher, Dan (Massapequa Road Runners)	74
	Nassau LI Half Marathon (2:09:33)	74
	* D'Amico, Lee (LIRRC)	71
	Massapequa Mile (7:19)	71
	* Fuchs, Kevin (Selden Hills)	68
	Rob's Run 5K XC (26:33)	68
	* Friedberg, Neil (Selden Hills)	62
	Rob's Run 5K XC (28:05)	62
	* Floegel, John (Northport Runners Club)	59
	Rob's Run 5K XC (29:21)	59
	* Cosentino, Rob (Selden Hills)	56
	Rob's Run 5K XC (31:34)	56
Men 55-59		
	1 Greene, John (Selden Hills)	698
	Nassau LI Full Marathon (3:43:12)	86
	Runday 5K (21:32)	90
	Katie's Run 5K (21:49)	100
	Massapequa Firecracker 5K (21:26)	86
	NCPD 5K (21:47)	90
	Blazing Trails for Autism 4 Miler (29:47)	77
	Blue Ribbon Run 5K (21:50)	86
	Rob's Run 5K XC (22:58)	83
	2 Casale, Michael (We Are Athletes)	673
	Aspire 10K (0:46:13)	71
	Runday 5K (21:26)	100
	Massapequa Mile (6:17)	83
	NCPD 5K (21:59)	86
	Runner's Edge Farmingdale Mile (6:06)	83
	Oyster Bay Supervisors 5K (21:45)	86
	Blue Ribbon Run 5K (21:40)	90
	Rob's Run 5K XC (23:35)	74
	3 Bonanni, Paul (GLIRC)	620

	Aspire 10K (0:49:20)	50
	Runday 5K (22:22)	80
	Massapequa Firecracker 5K (22:55)	71
	Massapequa Mile (6:23)	77
	Hope Runs Here 5K (23:00)	90
	Runner's Edge Farmingdale Mile (6:19)	74
	Blazing Trails for Autism 4 Miler (29:51)	74
	Oyster Bay Supervisors 5K (23:06)	71
	Blue Ribbon Run 5K (22:53)	83
4	Mazza, Bill (GLIRC)	592
	Aspire 10K (0:46:36)	65
	Nassau LI Half Marathon (1:49:16)	71
	Runday 5K (22:20)	83
	Massapequa Firecracker 5K (22:42)	74
	Massapequa Mile (6:13)	86
	Runner's Edge Farmingdale Mile (6:06)	80
	Oyster Bay Supervisors 5K (23:16)	68
	Rob's Run 5K XC (24:20)	65
5	Baisch, Alan (GLIRC)	590
	Aspire 10K (0:41:47)	90
	Massapequa Firecracker 5K (20:15)	100
	Massapequa Mile (5:45)	100
	Blazing Trails for Autism 4 Miler (26:38)	100
	Blue Ribbon Run 5K (19:42)	100
	Rob's Run 5K XC (21:34)	100
6	DeSpagna, John (Northport Runners Club)	562
	Aspire 10K (0:51:16)	44
	Runday 5K (24:09)	74
	Massapequa Mile (7:13)	65
	NCPD 5K (26:23)	68
	Hope Runs Here 5K (28:36)	80
	Runner's Edge Farmingdale Mile (6:40)	65
	Blazing Trails for Autism 4 Miler (34:04)	65
	Oyster Bay Supervisors 5K (23:45)	65
	Blue Ribbon Run 5K (24:10)	80
	Rob's Run 5K XC (27:58)	50
7	Moley, Tim (Northport Runners Club)	500
	Aspire 10K (0:46:24)	68
	Runday 5K (21:34)	86
	Massapequa Firecracker 5K (22:21)	77
	NCPD 5K (22:49)	83
	Hope Runs Here 5K (21:48)	100
	Runner's Edge Farmingdale Mile (6:06)	86
8	Niedfeld, William (We Are Athletes)	490
	Aspire 10K (1:03:42)	26
	Runday 5K (27:54)	65
	Massapequa Firecracker 5K (29:54)	62

	Massapequa Mile (7:43)	62
	NCPD 5K (29:25)	59
	Runner's Edge Farmingdale Mile (7:40)	59
	Oyster Bay Supervisors 5K (28:55)	62
	Blue Ribbon Run 5K (28:30)	74
	Rob's Run 5K XC (30:45)	47
9	Koenig, Bob (LIRRC)	478
	Aspire 10K (1:25:31)	20
	Runday 5K (37:59)	56
	Katie's Run 5K (39:29)	74
	Massapequa Firecracker 5K (39:07)	56
	Massapequa Mile (11:04)	56
	Hope Runs Here 5K (38:49)	74
	Runner's Edge Farmingdale Mile (10:32)	53
	Blazing Trails for Autism 4 Miler (53:29)	59
	Oyster Bay Supervisors 5K (39:10)	50
10	Stauber, John (Massapequa Road Runners)	434
	Aspire 10K (0:59:29)	32
	Runday 5K (27:39)	68
	Massapequa Firecracker 5K (28:36)	65
	Massapequa Mile (8:04)	59
	Hope Runs Here 5K (28:52)	77
	Blazing Trails for Autism 4 Miler (57:48)	56
	Blue Ribbon Run 5K (28:23)	77
11	Tiburzi, Raymond (Northport Runners Club)	427
	Aspire 10K (0:45:51)	77
	Massapequa Firecracker 5K (21:24)	90
	Massapequa Mile (6:02)	90
	Runner's Edge Farmingdale Mile (5:49)	90
	Rob's Run 5K XC (23:00)	80
12	Simmons, Steve (LIRRC)	408
	Nassau LI Half Marathon (2:06:36)	50
	Massapequa Firecracker 5K (24:08)	68
	Massapequa Mile (6:33)	71
	NCPD 5K (26:46)	65
	Hope Runs Here 5K (24:01)	83
	Runner's Edge Farmingdale Mile (6:19)	71
13	McCormick, Terry (GLIRC)	382
	Aspire 10K (0:45:16)	80
	Nassau LI Half Marathon (1:41:54)	83
	Runner's Edge Farmingdale Mile (7:06)	62
	Blazing Trails for Autism 4 Miler (28:54)	80
	Rob's Run 5K XC (23:08)	77
14	Hunter, Michael (LIRRC)	349
	Aspire 10K (0:44:13)	83
	Nassau LI Full Marathon (3:34:57)	90
	Blazing Trails for Autism 4 Miler (27:46)	86

	Oyster Bay Supervisors 5K (20:59)	90
15	Mozer, Chris (GLIRC)	269
	Katie's Run 5K (22:15)	86
	Massapequa Firecracker 5K (21:27)	83
	Runner's Edge Farmingdale Mile (5:40)	100
16	Quinn, Patrick (We Are Athletes)	227
	Aspire 10K (1:03:12)	29
	Nassau LI Full Marathon (6:04:29)	83
	Blue Ribbon Run 5K (30:32)	71
	Rob's Run 5K XC (33:02)	44
17	Favilla, Frank (GLIRC)	222
	Aspire 10K (0:46:46)	62
	Nassau LI Half Marathon (1:42:39)	80
	Katie's Run 5K (23:45)	80
18	Secor, Rick (GLIRC)	219
	Massapequa Mile (6:26)	74
	Runner's Edge Farmingdale Mile (6:11)	77
	Rob's Run 5K XC (24:00)	68
19	Matteo, Anthony (Runner's Edge/LITC)	217
	Nassau LI Half Marathon (2:07:08)	47
	Katie's Run 5K (22:09)	90
	NCPD 5K (23:13)	80
20	Hutchinson, Dean (LIRRC)	216
	Aspire 10K (0:46:56)	59
	Katie's Run 5K (22:38)	83
	Oyster Bay Supervisors 5K (23:06)	74
21	Millon, Steven (We Are Athletes)	185
	Aspire 10K (1:30:17)	17
	Runday 5K (36:43)	59
	Runner's Edge Farmingdale Mile (9:37)	56
	Oyster Bay Supervisors 5K (36:34)	53
21	Shaller, Bob (LIRRC)	185
	Aspire 10K (1:05:42)	23
	Nassau LI Half Marathon (2:48:27)	35
	Oyster Bay Supervisors 5K (30:33)	59
	Blue Ribbon Run 5K (30:57)	68
23	Fallon, Brian (Northport Runners Club)	180
	Aspire 10K (0:51:53)	41
	Nassau LI Half Marathon (1:55:38)	62
	NCPD 5K (24:07)	77
24	McNamee, Francis (We Are Athletes)	174
	Nassau LI Half Marathon (2:10:23)	38
	Massapequa Mile (6:48)	68
	Runner's Edge Farmingdale Mile (6:36)	68
*	Schroeder, Bill (LIRRC)	190
	Aspire 10K (0:39:35)	100
	Blazing Trails for Autism 4 Miler (27:46)	90

	* Fried, Robert (GLIRC)	183
	NCPD 5K (21:06)	100
	Blazing Trails for Autism 4 Miler (27:56)	83
	* Di Lisio, Mike (GLIRC)	176
	Aspire 10K (0:43:09)	86
	Rob's Run 5K XC (22:23)	90
	* Brennan, Scott (LIRRC)	163
	Massapequa Mile (6:21)	80
	Oyster Bay Supervisors 5K (22:22)	83
	* Bury, Richard (Massapequa Road Runners)	157
	Nassau LI Half Marathon (1:41:52)	86
	Blazing Trails for Autism 4 Miler (30:11)	71
	* Clifford, John (GLIRC)	154
	Aspire 10K (0:46:08)	74
	Massapequa Firecracker 5K (21:51)	80
	* Segura, Jamie (NHP - Mineola Runners Club)	148
	Runday 5K (24:14)	71
	Oyster Bay Supervisors 5K (22:50)	77
	* Tatarian, Thomas (Selden Hills)	139
	Runday 5K (22:34)	77
	Rob's Run 5K XC (24:39)	62
	* Rockitter, David (GLIRC)	127
	Aspire 10K (0:49:26)	47
	Oyster Bay Supervisors 5K (22:47)	80
	* Bansal, Rajiv (Massapequa Road Runners)	127
	Aspire 10K (0:49:10)	53
	Nassau LI Half Marathon (1:47:10)	74
	* Ferrara, Neil (Massapequa Road Runners)	124
	Nassau LI Half Marathon (1:56:51)	56
	Blazing Trails for Autism 4 Miler (32:05)	68
	* Savino, Robert (Runner's Edge/LITC)	112
	Nassau LI Half Marathon (1:56:20)	59
	Rob's Run 5K XC (27:45)	53
	* Linsalata, Thomas (Selden Hills)	100
	Massapequa Firecracker 5K (37:14)	59
	Rob's Run 5K XC (49:17)	41
	* Umland, Claus (Northport Runners Club)	100
	Oyster Bay Supervisors 5K (19:56)	100
	* Daly, Patrick (Massapequa Road Runners)	100
	Nassau LI Full Marathon (3:29:48)	100
	* Gowen, Dennis (Massapequa Road Runners)	100
	Aspire 10K (0:51:55)	38
	Blazing Trails for Autism 4 Miler (34:16)	62
	* Sinisi, Rocco (NCPD Running Club)	100
	Nassau LI Half Marathon (1:33:31)	100
	* Finnegan, Ed (Northport Runners Club)	90
	Nassau LI Half Marathon (1:36:46)	90

	* Brett, KC (Selden Hills)	86
	Rob's Run 5K XC (22:35)	86
	* Ude, Bill (Selden Hills)	86
	Hope Runs Here 5K (23:35)	86
	* Marian, Edward (Northport Runners Club)	77
	Katie's Run 5K (26:30)	77
	* Monaco, Bob (LIRRC)	77
	Nassau LI Half Marathon (1:46:39)	77
	* Hansen, Fleming (Northport Runners Club)	74
	NCPD 5K (24:34)	74
	* Oakley, John (Selden Hills)	71
	Rob's Run 5K XC (23:52)	71
	* Murray, Thomas (Northport Runners Club)	71
	NCPD 5K (25:59)	71
	* McKeown, John (Massapequa Road Runners)	68
	Nassau LI Half Marathon (1:54:21)	68
	* Buzanga, John (Runner's Edge/LITC)	65
	Nassau LI Half Marathon (1:54:53)	65
	* Colleran, Tom (Selden Hills)	62
	Runday 5K (30:46)	62
	* Maxwell, Mike (North Country Road Runners)	62
	NCPD 5K (27:09)	62
	* Qualley, Mike (Selden Hills)	59
	Rob's Run 5K XC (25:18)	59
	* Paray, Neeranjan (Selden Hills)	56
	Rob's Run 5K XC (27:19)	56
	* White, Dennis (Northport Runners Club)	56
	Aspire 10K (0:47:40)	56
	* Irving, Russ (Northport Runners Club)	56
	Oyster Bay Supervisors 5K (34:02)	56
	* Petsky, Mike (GLIRC)	53
	Nassau LI Half Marathon (2:03:48)	53
	* Maraldo, Lawrence (Runner's Edge/LITC)	44
	Nassau LI Half Marathon (2:09:52)	44
	* Leopold, Robert (NYPD)	41
	Nassau LI Half Marathon (2:10:00)	41
	* Mayer, Bob (LIRRC)	35
	Aspire 10K (0:55:13)	35
Men 60-64		
	1 Wallach, Jon (GLIRC)	740
	Aspire 10K (0:44:41)	90
	Nassau LI Half Marathon (1:45:41)	86
	Katie's Run 5K (22:15)	90
	Massapequa Firecracker 5K (21:50)	90
	Hope Runs Here 5K (21:56)	100
	Runner's Edge Farmingdale Mile (6:07)	90

	Blazing Trails for Autism 4 Miler (28:37)	100
	Oyster Bay Supervisors 5K (21:57)	90
	Blue Ribbon Run 5K (21:30)	90
	Rob's Run 5K XC (23:04)	90
2	Seferian, Karnik (Northport Runners Club)	711
	Aspire 10K (0:44:58)	86
	Nassau LI Half Marathon (1:45:40)	90
	Runday 5K (22:35)	100
	Katie's Run 5K (22:56)	83
	Hope Runs Here 5K (22:33)	90
	Runner's Edge Farmingdale Mile (6:12)	86
	Blazing Trails for Autism 4 Miler (29:08)	90
	Rob's Run 5K XC (23:49)	86
3	Haughn, Robert (Northport Runners Club)	662
	Nassau LI Half Marathon (1:55:42)	68
	Runday 5K (24:40)	90
	Katie's Run 5K (24:26)	80
	Massapequa Firecracker 5K (24:14)	83
	Massapequa Mile (7:22)	86
	Hope Runs Here 5K (25:00)	83
	Runner's Edge Farmingdale Mile (7:09)	74
	Blazing Trails for Autism 4 Miler (32:23)	83
	Oyster Bay Supervisors 5K (24:27)	77
	Blue Ribbon Run 5K (23:54)	80
	Rob's Run 5K XC (26:05)	71
4	Tipograph, Neil (Selden Hills)	563
	Nassau LI Half Marathon (1:54:59)	71
	Hope Runs Here 5K (23:26)	86
	Runner's Edge Farmingdale Mile (6:40)	80
	Blazing Trails for Autism 4 Miler (31:46)	86
	Oyster Bay Supervisors 5K (23:44)	80
	Blue Ribbon Run 5K (23:51)	83
	Rob's Run 5K XC (25:44)	77
5	Dowling, Dennis (LIRRC)	535
	Aspire 10K (1:08:37)	59
	Nassau LI Half Marathon (2:37:28)	59
	Runday 5K (32:49)	74
	Katie's Run 5K (32:40)	74
	Massapequa Firecracker 5K (33:20)	68
	Hope Runs Here 5K (32:33)	74
	Blazing Trails for Autism 4 Miler (43:39)	62
	Oyster Bay Supervisors 5K (32:31)	59
	Blue Ribbon Run 5K (31:54)	65
	Rob's Run 5K XC (35:01)	56
6	Brancato, Gareth (NHP - Mineola Runners Club)	500
	Nassau LI Half Marathon (1:36:51)	100
	Katie's Run 5K (20:31)	100

	Massapequa Firecracker 5K (20:20)	100
	Oyster Bay Supervisors 5K (21:54)	100
	Blue Ribbon Run 5K (20:40)	100
7	Nora, John (LIRRC)	468
	Runday 5K (28:40)	80
	Massapequa Firecracker 5K (29:18)	71
	Massapequa Mile (7:39)	83
	NCPD 5K (29:15)	83
	Hope Runs Here 5K (27:30)	80
	Runner's Edge Farmingdale Mile (7:15)	71
8	LaFleur, Louis (Selden Hills)	462
	Runday 5K (25:30)	83
	Massapequa Firecracker 5K (25:37)	80
	Runner's Edge Farmingdale Mile (6:56)	77
	Blazing Trails for Autism 4 Miler (34:34)	80
	Blue Ribbon Run 5K (25:39)	74
	Rob's Run 5K XC (28:00)	68
9	Healy, Timothy (GLIRC)	442
	Aspire 10K (0:44:31)	100
	Massapequa Mile (6:14)	90
	Runner's Edge Farmingdale Mile (6:37)	83
	Oyster Bay Supervisors 5K (22:13)	86
	Rob's Run 5K XC (25:00)	83
10	LoGiudice, Dominick (Selden Hills)	423
	Massapequa Firecracker 5K (27:40)	74
	Hope Runs Here 5K (28:16)	77
	Runner's Edge Farmingdale Mile (7:32)	68
	Blazing Trails for Autism 4 Miler (36:24)	71
	Blue Ribbon Run 5K (26:44)	71
	Rob's Run 5K XC (30:29)	62
11	Parker, Russ (Northport Runners Club)	411
	Runday 5K (31:23)	77
	Massapequa Mile (8:52)	77
	Runner's Edge Farmingdale Mile (8:36)	56
	Blazing Trails for Autism 4 Miler (40:39)	65
	Oyster Bay Supervisors 5K (29:48)	68
	Blue Ribbon Run 5K (30:27)	68
12	McDougall, James (GLIRC)	402
	Aspire 10K (1:00:47)	62
	Massapequa Mile (8:12)	80
	NCPD 5K (29:42)	80
	Runner's Edge Farmingdale Mile (8:10)	59
	Blazing Trails for Autism 4 Miler (39:39)	68
	Rob's Run 5K XC (35:43)	53
13	Diskin, PJ (GLIRC)	305
	Nassau LI Half Marathon (2:03:48)	65
	Runday 5K (25:01)	86

	Katie's Run 5K (24:56)	77
	Blue Ribbon Run 5K (24:29)	77
14	Klein, Gary (GLIRC)	272
	Katie's Run 5K (22:23)	86
	Massapequa Firecracker 5K (22:15)	86
	Massapequa Mile (6:07)	100
15	Guichard, William (Northport Runners Club)	266
	Aspire 10K (0:57:24)	68
	Runner's Edge Farmingdale Mile (7:56)	62
	Blazing Trails for Autism 4 Miler (35:57)	74
	Blue Ribbon Run 5K (53:29)	62
16	Fitzpatrick, Stephen (GLIRC)	249
	Oyster Bay Supervisors 5K (23:06)	83
	Blue Ribbon Run 5K (22:46)	86
	Rob's Run 5K XC (25:40)	80
17	Martinez, Frank (NYPD)	241
	Aspire 10K (0:51:52)	80
	Katie's Run 5K (54:17)	71
	NCPD 5K (26:14)	90
18	Perrotta, Eric (Massapequa Road Runners)	225
	Aspire 10K (0:52:19)	74
	Nassau LI Half Marathon (1:52:18)	77
	Oyster Bay Supervisors 5K (25:40)	74
*	Robles, Mike (GLIRC)	200
	Runner's Edge Farmingdale Mile (5:48)	100
	Rob's Run 5K XC (22:15)	100
*	Oliveri, Michael (Selden Hills)	157
	Nassau LI Half Marathon (1:50:15)	83
	Rob's Run 5K XC (25:57)	74
*	Radtke, Grant (We Are Athletes)	154
	Aspire 10K (0:52:17)	77
	Massapequa Firecracker 5K (26:14)	77
*	Elliott, Richard (Selden Hills)	149
	Nassau LI Full Marathon (4:38:08)	90
	Rob's Run 5K XC (31:33)	59
*	Neumann, Dean (Northport Runners Club)	148
	Aspire 10K (0:56:16)	71
	Blazing Trails for Autism 4 Miler (34:56)	77
*	Vlachos, Anthony (Northport Runners Club)	136
	Aspire 10K (0:58:36)	65
	Oyster Bay Supervisors 5K (27:24)	71
*	Del-Cid, Vincent (Northport Runners Club)	133
	Hope Runs Here 5K (37:32)	71
	Oyster Bay Supervisors 5K (30:43)	62
*	Angerame, John (We Are Athletes)	124
	Nassau LI Half Marathon (2:44:07)	47
	NCPD 5K (30:31)	77

	* Lofmark, Bill (We Are Athletes)	121
	Aspire 10K (1:23:00)	50
	Runday 5K (37:26)	71
	* Inserra, Peter (Northport Runners Club)	100
	Nassau LI Full Marathon (4:14:30)	100
	* DiGiovanni, David (Runner's Edge/LITC)	100
	NCPD 5K (25:31)	100
	* Liebler, Paul (NHP - Mineola Runners Club)	100
	Aspire 10K (1:09:19)	56
	Nassau LI Half Marathon (2:44:11)	44
	* Meehan, Thomas (We Are Athletes)	86
	NCPD 5K (27:43)	86
	* Gerardi, Steven (NCPD Running Club)	83
	Aspire 10K (0:47:07)	83
	* Malings, Glen (Runner's Edge/LITC)	80
	Nassau LI Half Marathon (1:51:24)	80
	* Buttigieg, Sam (Massapequa Road Runners)	74
	Nassau LI Half Marathon (1:54:11)	74
	* Moran, Vincent (Selden Hills)	65
	Rob's Run 5K XC (29:30)	65
	* Dealy, Robert (Northport Runners Club)	65
	Runner's Edge Farmingdale Mile (7:44)	65
	* Crispino, Bill (LIRRC)	65
	Oyster Bay Supervisors 5K (30:06)	65
	* Brewer, Tom (LIRRC)	62
	Nassau LI Half Marathon (2:12:39)	62
	* DeMasters, Drew (LIRRC)	56
	Nassau LI Half Marathon (2:40:14)	56
	* Robbins, Alan (Northport Runners Club)	53
	Nassau LI Half Marathon (2:41:23)	53
	* Ramondino, Ken (NHP - Mineola Runners Club)	53
	Aspire 10K (1:19:21)	53
	* Waters, George (LIRRC)	50
	Nassau LI Half Marathon (2:42:27)	50
	* Gerson, Steve (LIRRC)	47
	Aspire 10K (1:25:27)	47
	* OBrien, Stephen (NYPD)	41
	Nassau LI Half Marathon (2:58:37)	41
	* Saldana, Steve (NYPD)	38
	Nassau LI Half Marathon (3:00:28)	38
	Men 65-69	
	1 Martin, Peter (GLIRC)	748
	Aspire 10K (0:49:25)	86
	Runday 5K (24:02)	86
	Katie's Run 5K (23:59)	100
	Massapequa Mile (7:04)	86

	Hope Runs Here 5K (24:45)	100
	Runner's Edge Farmingdale Mile (7:01)	86
	Blazing Trails for Autism 4 Miler (32:36)	100
	Oyster Bay Supervisors 5K (24:47)	100
	Rob's Run 5K XC (26:45)	90
2	Garguilo, Anthony (Northport Runners Club)	626
	Aspire 10K (0:50:28)	83
	Nassau LI Half Marathon (1:55:54)	90
	Massapequa Firecracker 5K (25:02)	100
	Massapequa Mile (7:33)	83
	Hope Runs Here 5K (25:14)	90
	Oyster Bay Supervisors 5K (25:01)	90
	Blue Ribbon Run 5K (25:27)	90
3	Golos, Ehud (We Are Athletes)	575
	Aspire 10K (1:05:00)	71
	Nassau LI Half Marathon (2:24:50)	83
	Runday 5K (27:56)	83
	Massapequa Firecracker 5K (29:12)	86
	Runner's Edge Farmingdale Mile (7:45)	83
	Blue Ribbon Run 5K (28:44)	83
	Rob's Run 5K XC (32:21)	86
4	Fairgrieve, Scott (NHP - Mineola Runners Club)	515
	Aspire 10K (0:55:36)	77
	Nassau LI Half Marathon (1:59:17)	86
	Katie's Run 5K (26:35)	90
	Hope Runs Here 5K (26:07)	86
	Blazing Trails for Autism 4 Miler (34:34)	90
	Blue Ribbon Run 5K (26:23)	86
5	O'Donnell, Daniel (Northport Runners Club)	413
	Massapequa Firecracker 5K (29:12)	90
	Massapequa Mile (8:25)	80
	Hope Runs Here 5K (29:28)	80
	Runner's Edge Farmingdale Mile (7:56)	80
	Oyster Bay Supervisors 5K (28:22)	83
6	Brida, Joseph (Selden Hills)	360
	Aspire 10K (0:51:44)	80
	Runday 5K (23:23)	100
	Massapequa Mile (6:46)	90
	Runner's Edge Farmingdale Mile (6:56)	90
7	Byrne, Kevin (NCPD Running Club)	340
	Massapequa Firecracker 5K (33:14)	83
	NCPD 5K (32:03)	100
	Runner's Edge Farmingdale Mile (8:58)	77
	Oyster Bay Supervisors 5K (33:53)	80
8	Notarstefano, Frank (GLIRC)	290
	Aspire 10K (0:48:12)	90
	Nassau LI Full Marathon (3:49:13)	100

	Rob's Run 5K XC (24:36)	100
9	Inzana, Tom (Northport Runners Club)	290
	Runday 5K (23:42)	90
	Massapequa Mile (6:29)	100
	Runner's Edge Farmingdale Mile (6:25)	100
10	Ginsberg, Jeffrey (We Are Athletes)	231
	Massapequa Firecracker 5K (39:01)	80
	Hope Runs Here 5K (42:00)	77
	Runner's Edge Farmingdale Mile (11:18)	74
*	Zimmer, Eric (Northport Runners Club)	200
	Aspire 10K (0:44:37)	100
	Nassau LI Half Marathon (1:51:30)	100
*	Horan, Tom (GLIRC)	186
	Oyster Bay Supervisors 5K (25:04)	86
	Blue Ribbon Run 5K (24:33)	100
*	Platt, Edward (NYPD)	176
	Katie's Run 5K (34:49)	86
	NCPD 5K (33:54)	90
*	Goldfarb, Robert L. (Runner's Edge/LITC)	83
	Hope Runs Here 5K (29:00)	83
*	Rubin, Richard (Runner's Edge/LITC)	80
	Nassau LI Half Marathon (2:45:02)	80
*	Williams, Bob (Selden Hills)	77
	Oyster Bay Supervisors 5K (35:45)	77
*	Ribuffo, Michael (Northport Runners Club)	74
	Aspire 10K (0:57:53)	74
Men 70-74		
1	Frisone, Dave (LIRRC)	780
	Aspire 10K (0:53:32)	100
	Nassau LI Half Marathon (2:13:39)	90
	Runday 5K (24:49)	100
	Massapequa Firecracker 5K (25:09)	90
	Runner's Edge Farmingdale Mile (7:03)	100
	Blazing Trails for Autism 4 Miler (33:03)	100
	Oyster Bay Supervisors 5K (25:54)	100
	Blue Ribbon Run 5K (25:53)	100
2	Miller, Johnny (LIRRC)	718
	Massapequa Mile (8:17)	86
	NCPD 5K (30:04)	100
	Hope Runs Here 5K (28:50)	90
	Runner's Edge Farmingdale Mile (8:04)	90
	Blazing Trails for Autism 4 Miler (37:43)	90
	Oyster Bay Supervisors 5K (28:13)	86
	Blue Ribbon Run 5K (27:07)	90
	Rob's Run 5K XC (29:36)	86
3	Momtahn, Shawn (GLIRC)	695

	Aspire 10K (0:59:22)	86
	Runday 5K (27:43)	83
	Katie's Run 5K (27:42)	100
	Massapequa Firecracker 5K (29:52)	83
	Massapequa Mile (7:50)	100
	Runner's Edge Farmingdale Mile (8:58)	83
	Blazing Trails for Autism 4 Miler (41:11)	80
	Oyster Bay Supervisors 5K (31:35)	80
	Blue Ribbon Run 5K (31:40)	77
	Rob's Run 5K XC (33:22)	80
4	Morse, Glenn (GLIRC)	694
	Aspire 10K (1:02:52)	80
	Nassau LI Half Marathon (2:21:51)	86
	Runday 5K (30:06)	77
	Katie's Run 5K (39:10)	86
	Massapequa Firecracker 5K (32:48)	80
	Massapequa Mile (8:36)	83
	NCPD 5K (30:54)	90
	Hope Runs Here 5K (31:43)	83
	Oyster Bay Supervisors 5K (27:53)	90
	Blue Ribbon Run 5K (27:52)	86
	Rob's Run 5K XC (29:10)	90
5	Dela Rocca, Ken (LIRRC)	349
	Runday 5K (26:47)	90
	Massapequa Mile (8:09)	90
	Blazing Trails for Autism 4 Miler (37:56)	86
	Rob's Run 5K XC (32:32)	83
6	Patterson, Robert (NCPD Running Club)	272
	Runday 5K (27:12)	86
	Massapequa Firecracker 5K (28:20)	86
	Hope Runs Here 5K (27:38)	100
7	Hickey, Gabriel (We Are Athletes)	249
	Runday 5K (28:51)	80
	Runner's Edge Farmingdale Mile (8:15)	86
	Blazing Trails for Autism 4 Miler (39:18)	83
8	Cragg, Howard (GLIRC)	234
	Oyster Bay Supervisors 5K (32:42)	77
	Blue Ribbon Run 5K (31:02)	80
	Rob's Run 5K XC (33:44)	77
*	Lazzaro, Joseph (Selden Hills)	200
	Nassau LI Half Marathon (2:01:43)	100
	Massapequa Firecracker 5K (24:34)	100
*	Hargrove, Paul (NYPD)	173
	Katie's Run 5K (34:41)	90
	NCPD 5K (50:09)	83
*	Jezewski, Michael (Selden Hills)	169
	Hope Runs Here 5K (30:44)	86

	Blue Ribbon Run 5K (30:14)	83
	* Rossi, Vic (GLIRC)	166
	Aspire 10K (1:00:44)	83
	Oyster Bay Supervisors 5K (29:50)	83
	* Michel, Dennis (Selden Hills)	100
	Rob's Run 5K XC (27:27)	100
	* Jerson, Barry (Massapequa Road Runners)	90
	Aspire 10K (0:58:56)	90
	* Escher, Doug (NCPD Running Club)	86
	NCPD 5K (40:18)	86
	* Furlong, John (NYPD)	83
	Nassau LI Half Marathon (2:23:31)	83
	* Conroy, Steve (Super Runners)	77
	Aspire 10K (1:04:55)	77
Men 75-79		
	* Patino, Antonio (LIRRC)	200
	Nassau LI Half Marathon (2:56:58)	100
	Hope Runs Here 5K (36:08)	100
	* Robinson, Curt (We Are Athletes)	100
	Massapequa Firecracker 5K (50:42)	100
	* Greenberg, Alan (LIRRC)	90
	Hope Runs Here 5K (45:41)	90
Men 80-84		
	1 Morales, Carlos (We Are Athletes)	552
	Aspire 10K (1:14:50)	100
	Massapequa Firecracker 5K (36:09)	100
	Massapequa Mile (10:02)	86
	Hope Runs Here 5K (36:18)	90
	Runner's Edge Farmingdale Mile (9:44)	86
	Blue Ribbon Run 5K (34:35)	90
	2 Hanley, Jack (We Are Athletes)	480
	Runday 5K (34:23)	100
	Massapequa Firecracker 5K (37:18)	90
	Massapequa Mile (9:28)	90
	Runner's Edge Farmingdale Mile (9:16)	100
	Blue Ribbon Run 5K (32:29)	100
	3 Cordero, Joe (We Are Athletes)	390
	Massapequa Mile (8:52)	100
	NCPD 5K (35:52)	100
	Hope Runs Here 5K (32:50)	100
	Runner's Edge Farmingdale Mile (9:34)	90