

Gender Age	Racer Name Time	Points
Runday 5K Individual Points		
Women 20-24		
	Guttieri, Brittany (We Are Athletes)	
1	Runday 5K (19:45)	100
	Fiume, Melanie (We Are Athletes)	
2	Runday 5K (21:00)	90
Women 25-29		
	Marascia, Maria (We Are Athletes)	
1	Runday 5K (18:44)	100
	Santaniello, Nicole (Runner's Edge)	
2	Runday 5K (21:35)	90
	Moley, Priscilla (Northport Runners Club)	
3	Runday 5K (26:42)	86
Women 30-34		
	Lawrence, Triin (Selden Hills)	
1	Runday 5K (21:07)	100
	Bruno, Kimberly (Selden Hills)	
2	Runday 5K (21:28)	90
	Harper, Kristina (NYPD)	
3	Runday 5K (23:49)	86
	Bonanni, Lisa (GLIRC)	
4	Runday 5K (24:15)	83
	Campos, Jenna (Northport Runners Club)	
5	Runday 5K (31:15)	80
Women 35-39		
	Caruso, Dana (Runner's Edge)	
1	Runday 5K (19:45)	100
	Scanlan, Amanda (Long Run Crew)	
2	Runday 5K (20:54)	90
	Figari, Deanna (Selden Hills)	
3	Runday 5K (21:26)	86
	Thompsen, Sarah (Selden Hills)	
4	Runday 5K (22:27)	83
	Acierno, Kristen (Selden Hills)	
5	Runday 5K (22:50)	80
	Horn, Kristen (Northport Runners Club)	
6	Runday 5K (27:57)	77
	Boccard, Andrea (Northport Runners Club)	
7	Runday 5K (28:32)	74
Women 40-44		
	Mayola, Dara (Selden Hills)	
1	Runday 5K (21:24)	100
	Pita, Jaime (Selden Hills)	
2	Runday 5K (22:54)	90

	Harte, Karen (Selden Hills)	
3	Runday 5K (23:00)	86
	Ham, Julie (Northport Runners Club)	
4	Runday 5K (24:55)	83
	Lopez-Merlos, Meredith (Long Run Crew)	
5	Runday 5K (28:52)	80
	Lambert, Jeanna (LIRRC)	
6	Runday 5K (31:04)	77
	Lineman, Kristyn (Selden Hills)	
7	Runday 5K (33:05)	74
	Carpenter, Brooke (We Are Athletes)	
8	Runday 5K (40:29)	71
	Sutton, Iva (Selden Hills)	
9	Runday 5K (47:35)	68
Women 45-49		
	Dormer, Kathy (GLIRC)	
1	Runday 5K (22:15)	100
	Tesoriero, Jenney (Northport Runners Club)	
2	Runday 5K (22:55)	90
	Fraiberg, Erica (Northport Runners Club)	
3	Runday 5K (24:31)	86
	Bradley, Damian (Northport Runners Club)	
4	Runday 5K (24:46)	83
	Leong, Danielle (GLIRC)	
5	Runday 5K (25:20)	80
	Berman, Christine (Selden Hills)	
6	Runday 5K (31:09)	77
	Cicccone, Heather (Northport Runners Club)	
7	Runday 5K (31:15)	74
	Olmsted, Jackie (Selden Hills)	
8	Runday 5K (32:53)	71
	Sullivan, Laura (Selden Hills)	
9	Runday 5K (47:34)	68
Women 50-54		
	Tantone, Nancy (Long Run Crew)	
1	Runday 5K (20:13)	100
	Leippert, Yvonne (GLIRC)	
2	Runday 5K (22:18)	90
	Brach, Ellen (We Are Athletes)	
3	Runday 5K (23:40)	86
	Orelli, Regina (Northport Runners Club)	
4	Runday 5K (24:28)	83
	Themistocleous, Eliana (GLIRC)	
5	Runday 5K (25:10)	80
	Manno, Linda (Selden Hills)	
6	Runday 5K (25:52)	77

	DeSpagna, Jennifer (Northport Runners Club)	
7	Runday 5K (26:40)	74
	Broderick, Anne (LIRRC)	
8	Runday 5K (28:45)	71
	Templeton, Stephanie (Selden Hills)	
9	Runday 5K (30:01)	68
	Walter, Eileen (NYPD)	
10	Runday 5K (31:27)	65
	Gottlieb, Janet (Northport Runners Club)	
11	Runday 5K (32:24)	62
	Fuller, Lori (Northport Runners Club)	
12	Runday 5K (36:41)	59
Women 55-59		
	Cotty, Karen (Runner's Edge)	
1	Runday 5K (22:57)	100
	Greenspan, Ellen (We Are Athletes)	
2	Runday 5K (24:51)	90
	Bishop, Josephine (Northport Runners Club)	
3	Runday 5K (25:20)	86
	Hynes, Jeannie (Northport Runners Club)	
4	Runday 5K (25:50)	83
	Fucella, Maria (Runner's Edge)	
5	Runday 5K (27:57)	80
	Morabito-Weeks, Veronica (Selden Hills)	
6	Runday 5K (28:26)	77
	Davidson, Mindy (Runner's Edge)	
7	Runday 5K (30:18)	74
	Garcia, Maria (GLIRC)	
8	Runday 5K (32:01)	71
	Stewart, Debra (Selden Hills)	
9	Runday 5K (47:09)	68
Women 60-64		
	Zacharia, Marianne (Northport Runners Club)	
1	Runday 5K (27:36)	100
	Abrams, Diane (Northport Runners Club)	
2	Runday 5K (28:47)	90
	Latta, Judy (LIRRC)	
3	Runday 5K (29:23)	86
	Weess, Pamela (Northport Runners Club)	
4	Runday 5K (31:22)	83
	Bush, Patricia (We Are Athletes)	
5	Runday 5K (35:08)	80
Women 65-69		
	Keogh, Susan (GLIRC)	
1	Runday 5K (25:40)	100
	Lee, Pamela (We Are Athletes)	

	2	Runday 5K (27:03)	90
		Withus, Gloria (We Are Athletes)	
	3	Runday 5K (29:34)	86
		Holden, Rochelle (We Are Athletes)	
	4	Runday 5K (37:17)	83
Women 70-74			
		Fitzgibbon, Anne (We Are Athletes)	
	1	Runday 5K (30:38)	100
		Penagos, Elizabeth (GLIRC)	
	2	Runday 5K (31:34)	90
Men 20-24			
		Eletto, Alex (Northport Runners Club)	
	1	Runday 5K (18:03)	100
		McKeon, John (GLIRC)	
	2	Runday 5K (19:20)	90
Men 25-29			
		Healy, Ryan (We Are Athletes)	
	1	Runday 5K (16:24)	100
		Heitner, Jon (Selden Hills)	
	2	Runday 5K (18:43)	90
		Williams, Raymond (We Are Athletes)	
	3	Runday 5K (19:00)	86
Men 30-34			
		Berd, Mike (LIRRC)	
	1	Runday 5K (20:12)	100
		Lauer, Tyler (LIRRC)	
	2	Runday 5K (20:36)	90
		Tymecki, Kenneth (NCPD Running Club)	
	3	Runday 5K (21:04)	86
Men 35-39			
		Koegel, Chris (GLIRC)	
	1	Runday 5K (18:01)	100
		Murphy III, Robert (Northport Runners Club)	
	2	Runday 5K (19:35)	90
		Bartolotto, Kevin (Long Run Crew)	
	3	Runday 5K (19:45)	86
		Hampton, Trent (We Are Athletes)	
	4	Runday 5K (20:06)	83
		Sparacin, Rich (Selden Hills)	
	5	Runday 5K (22:58)	80
		Francisci, Tom (LIRRC)	
	6	Runday 5K (23:05)	77
Men 40-44			
		Lopez-Merlos, David (Long Run Crew)	
	1	Runday 5K (18:41)	100

	Ward, Christopher (Long Run Crew)	
2	Runday 5K (19:11)	90
	Dullaghan, John (Long Run Crew)	
3	Runday 5K (20:50)	86
	Dabrowski, Adam (Runner's Edge)	
4	Runday 5K (22:14)	83
	Wiley, Ken (Selden Hills)	
5	Runday 5K (27:21)	80
Men 45-49		
	Pickus, Robert (GLIRC)	
1	Runday 5K (20:58)	100
	Minerva, Michael (Selden Hills)	
2	Runday 5K (22:41)	90
	Beavers, Ben (We Are Athletes)	
3	Runday 5K (25:05)	86
	Conroy, Matthew (GLIRC)	
4	Runday 5K (25:52)	83
Men 50-54		
	Hart, Joe (Northport Runners Club)	
1	Runday 5K (19:04)	100
	Walden, Ben (Northport Runners Club)	
2	Runday 5K (24:08)	90
	Fiume, Christopher (We Are Athletes)	
3	Runday 5K (24:23)	86
	Broderick, Mike (LIRRC)	
4	Runday 5K (27:12)	83
	Brotter, Amos (Selden Hills)	
5	Runday 5K (27:22)	80
	Juettner, John (Northport Runners Club)	
6	Runday 5K (35:15)	77
	Benlein, Frederick (We Are Athletes)	
7	Runday 5K (59:02)	74
Men 55-59		
	Casale, Michael (We Are Athletes)	
1	Runday 5K (21:26)	100
	Greene, John (Selden Hills)	
2	Runday 5K (21:32)	90
	Moley, Tim (Northport Runners Club)	
3	Runday 5K (21:34)	86
	Mazza, Bill (GLIRC)	
4	Runday 5K (22:20)	83
	Bonanni, Paul (GLIRC)	
5	Runday 5K (22:22)	80
	Tatarian, Thomas (Selden Hills)	
6	Runday 5K (22:34)	77
	DeSpagna, John (Northport Runners Club)	

7	Runday 5K (24:09)	74
	Segura, Jamie (NHP - Mineola Runners Club)	
8	Runday 5K (24:14)	71
	Stauber, John (Massapequa Road Runners)	
9	Runday 5K (27:39)	68
	Niedfeld, William (We Are Athletes)	
10	Runday 5K (27:54)	65
	Colleran, Tom (Selden Hills)	
11	Runday 5K (30:46)	62
	Millon, Steven (We Are Athletes)	
12	Runday 5K (36:43)	59
	Koenig, Bob (LIRRC)	
13	Runday 5K (37:59)	56
Men 60-64		
	Seferian, Karnik (Northport Runners Club)	
1	Runday 5K (22:35)	100
	Haughn, Robert (Northport Runners Club)	
2	Runday 5K (24:40)	90
	Diskin, PJ (GLIRC)	
3	Runday 5K (25:01)	86
	LaFleur, Louis (Selden Hills)	
4	Runday 5K (25:30)	83
	Nora, John (LIRRC)	
5	Runday 5K (28:40)	80
	Parker, Russ (Northport Runners Club)	
6	Runday 5K (31:23)	77
	Dowling, Dennis (LIRRC)	
7	Runday 5K (32:49)	74
	Lofmark, Bill (We Are Athletes)	
8	Runday 5K (37:26)	71
Men 65-69		
	Brida, Joseph (Selden Hills)	
1	Runday 5K (23:23)	100
	Inzana, Tom (Northport Runners Club)	
2	Runday 5K (23:42)	90
	Martin, Peter (GLIRC)	
3	Runday 5K (24:02)	86
	Golos, Ehud (We Are Athletes)	
4	Runday 5K (27:56)	83
Men 70-74		
	Frisone, Dave (LIRRC)	
1	Runday 5K (24:49)	100
	Dela Rocca, Ken (LIRRC)	
2	Runday 5K (26:47)	90
	Patterson, Robert (NCPD Running Club)	
3	Runday 5K (27:12)	86

	Momtahn, Shawn (GLIRC)	
4	Runday 5K (27:43)	83
	Hickey, Gabriel (We Are Athletes)	
5	Runday 5K (28:51)	80
	Morse, Glenn (GLIRC)	
6	Runday 5K (30:06)	77
Men 80-84		
	Hanley, Jack (We Are Athletes)	
1	Runday 5K (34:23)	100